

Psalms, readings and collect

Date: 19th April – Easter III Friday

Psalm:

(107) O GIVE thanks unto the Lord, for he is gracious : and his mercy endureth for ever.
2 Let them give thanks whom the Lord hath redeemed : and delivered from the hand of the enemy;
3 And gathered them out of the lands, from the east and from the west : from the north and from the south.
4 They went astray in the wilderness out of the way : and found no city to dwell in;
5 Hungry and thirsty : their soul fainted in them.
6 So they cried unto the Lord in their trouble : and he delivered them from their distress.
7 He led them forth by the right way : that they might go to the city where they dwelt.
8 O that men would therefore praise the Lord for his goodness : and declare the wonders that he doeth for the children of men!
9 For he satisfieth the empty soul : and filleth the hungry soul with goodness.
10 Such as sit in darkness, and in the shadow of death : being fast bound in misery and iron;
11 Because they rebelled against the words of the Lord : and lightly regarded the counsel of the most Highest;
12 He also brought down their heart through heaviness : they fell down, and there was none to help them.
13 So when they cried unto the Lord in their trouble : he delivered them out of their distress.
14 For he brought them out of darkness, and out of the shadow of death : and brake their bonds in sunder.
15 O that men would therefore praise the Lord for his goodness : and declare the wonders that he doeth for the children of men!
16 For he hath broken the gates of brass : and smitten the bars of iron in sunder.
17 Foolish men are plagued for their offence : and because of their wickedness.
18 Their soul abhorred all manner of meat : and they were even hard at death's door.
19 So when they cried unto the Lord in their trouble : he delivered them out of their distress.
20 He sent his word, and healed them : and they were saved from their destruction.
21 O that men would therefore praise the Lord for his goodness : and declare the wonders that he doeth for the children of men!
22 That they would offer unto him the sacrifice of thanksgiving : and tell out his works with gladness!
23 They that go down to the sea in ships : and occupy their business in great waters;
24 These men see the works of the Lord : and his wonders in the deep.
25 For at his word the stormy wind ariseth : which lifteth up the waves thereof.
26 They are carried up to the heaven, and down again to the deep : their soul melteth away because of the trouble.
27 They reel to and fro, and stagger like a drunken man : and are at their wits' end.
28 So when they cry unto the Lord in their trouble : he delivereth them out of their distress.
29 For he maketh the storm to cease : so that the waves thereof are still.
30 Then are they glad, because they are at rest : and so he bringeth them unto the haven where they would be.

31 O that men would therefore praise the Lord for his goodness : and declare the wonders that he doeth for the children of men!
32 That they would exalt him also in the congregation of the people : and praise him in the seat of the elders!
33 Who turneth the floods into a wilderness : and drieth up the water-springs.
34 A fruitful land maketh he barren : for the wickedness of them that dwell therein.
35 Again, he maketh the wilderness a standing water : and water-springs of a dry ground.
36 And there he setteth the hungry : that they may build them a city to dwell in;
37 That they may sow their land, and plant vineyards : to yield them fruits of increase.
38 He blesseth them so that they multiply exceedingly : and suffereth not their cattle to decrease.
39 And again, when they are minished and brought low : through oppression, through any plague or trouble;
40 Though he suffer them to be evil intreated through tyrants : and let them wander out of the way in the wilderness;
41 Yet helpeth he the poor out of misery : and maketh him households like a flock of sheep.
42 The righteous will consider this, and rejoyce : and the mouth of all wickedness shall be stopped.
43 Whoso is wise will ponder these things : and they shall understand the loving-kindness of the Lord.
Glory be to the Father and to the Son: and to the Holy Ghost.
As it was in the beginning, is now and ever shall be: world without end. Amen.

Reading:

A Reading from the Gospel according to Saint John.

The Jews then disputed among themselves, saying, "How can this man give us his flesh to eat?" So Jesus said to them, "Truly, truly, I say to you, unless you eat the flesh of the Son of man and drink his blood, you have no life in you; he who eats my flesh and drinks my blood has eternal life, and I will raise him up at the last day. For my flesh is food indeed, and my blood is drink indeed. He who eats my flesh and drinks my blood abides in me, and I in him. As the living Father sent me, and I live because of the Father, so he who eats me will live because of me. This is the bread which came down from heaven, not such as the fathers ate and died; he who eats this bread will live for ever." This he said in the synagogue, as he taught at Caper'na-um.

Collect of the day:

Almighty God, Who hast given Thine only Son to be unto us both a sacrifice for sin, and also an example of Godly life: Give us Grace that we may always most thankfully receive that His inestimable benefit, and also daily endeavour ourselves to follow the blessed steps of His most holy Life: through Jesus Christ Thy Son our Lord; Who liveth and reigneth with Thee in the unity of the Holy Ghost, God, throughout all ages world without end. Amen.