

## Psalms, readings and collect

Date: 20<sup>th</sup> February – Lent 0 Friday

### Psalm:

(3) LORD, how are they increased that trouble me! : many are they that rise against me.  
2 Many one there be that say of my soul : There is no help for him in his God.  
3 But thou, O Lord, art my defender : thou art my worship, and the lifter up of my head.  
4 I did call upon the Lord with my voice : and he heard me out of his holy hill.  
5 I laid me down and slept, and rose up again : for the Lord sustained me.  
6 I will not be afraid for ten thousands of the people : that have set themselves against me round about.  
7 Up, Lord, and help me, O my God : for thou smitest all mine enemies upon the cheek-bone; thou hast broken the teeth of the ungodly.  
8 Salvation belongeth unto the Lord : and thy blessing is upon thy people.  
Glory be to the Father and to the Son: and to the Holy Ghost.  
As it was in the beginning, is now and ever shall be: world without end. Amen.

(7) O LORD my God, in thee have I put my trust : save me from all them that persecute me, and deliver me;  
2 Lest he devour my soul, like a lion, and tear it in pieces : while there is none to help.  
3 O Lord my God, if I have done any such thing : or if there be any wickedness in my hands;  
4 If I have rewarded evil unto him that dealt friendly with me : yea, I have delivered him that without any cause is mine enemy;  
5 Then let mine enemy persecute my soul, and take me : yea, let him tread my life down upon the earth, and lay mine honour in the dust.  
6 Stand up, O Lord, in thy wrath, and lift up thyself, because of the indignation of mine enemies : arise up for me in the judgement that thou hast commanded.  
7 And so shall the congregation of the people come about thee : for their sakes therefore lift up thyself again.  
8 The Lord shall judge the people; give sentence with me, O Lord : according to my righteousness, and according to the innocency that is in me.  
9 O let the wickedness of the ungodly come to an end : but guide thou the just.  
10 For the righteous God : trieth the very hearts and reins.  
11 My help cometh of God : who preserveth them that are true of heart.  
12 God is a righteous Judge, strong and patient : and God is provoked every day.  
13 If a man will not turn, he will whet his sword : he hath bent his bow, and made it ready.  
14 He hath prepared for him the instruments of death : he ordaineth his arrows against the persecutors.  
15 Behold, he travaleth with mischief : he hath conceived sorrow, and brought forth ungodliness.  
16 He hath graven and digged up a pit : and is fallen himself into the destruction that he made for other.  
17 For his travail shall come upon his own head : and his wickedness shall fall on his own pate.  
18 I will give thanks unto the Lord, according to his righteousness : and I will praise the Name of the Lord most High.  
Glory be to the Father and to the Son: and to the Holy Ghost.  
As it was in the beginning, is now and ever shall be: world without end. Amen.

**Reading:**

A Reading from the Gospel according to Saint Matthew.

The disciples of John came to Jesus, saying, "Why do we and the Pharisees fast, but your disciples do not fast?" And Jesus said to them, "Can the wedding guests mourn as long as the bridegroom is with them? The days will come, when the bridegroom is taken away from them, and then they will fast.

**Collect of the day:**

*No additional collect*