

Psalms, readings and collect

Date: 12th June – week X

Friday

Venite antiphon:

God made all that passes through the seas; O come, let us adore Him.

Office hymns:

Mattins:

Eternal Glory of the sky,
Blest hope of frail humanity,
The Father's sole-begotten One,
Yet born a spotless Virgin's Son!

Within our senses ever dwell,
And worldly darkness thence expel;
Long as the days of life endure,
Preserve our souls devout and pure.

Uplift us with Thine arm of might,
And let our hearts rise pure and bright,
And, ardent in God's praises, pay
The thanks we owe his every day.

The Faith that first must be possest,
Root deep within our inmost breast;
And joyous hope in second place,
Then charity, Thy greatest grace.

The Daystar's rays are glittering clear,
And tell that day itself is bear:
The shadows of the night depart;
Thou, holy Light, illumine the heart!

All laud to God the Father be,
All praise, eternal Son to Thee;
All glory as is ever meet,
To God the Holy Paraclete.

Evensong:

Maker of men, from Heav'n Thy Throne,
Who ord'rest all things, God alone;
By Whose decree the teeming earth
To reptile and to beast gave birth:

In Heav'n, Thine endless joys bestow,
But grant Thy gifts of grace below:
From chains of strife our souls release;
Bind fast the gentle bands of peace.

Te might forms that fill the land,
Instinct with life at Thy command,
Thou gav'st subdued to humankind
For service in their rank assigned.

O Father, that we ask be done
Through Jesus Christ, Thine only Son;
Who, with the Holy Ghost and Thee,
Shall live and reign eternally.

From all Thy servants chase away
Whate'er of thought impure today
Hath mingled with the heart's intent,
Or with the actions hath been blent.

Psalm:

(51) HAVE mercy upon me, O God, after thy great goodness : according to the multitude of thy mercies do away mine offences.

2 Wash me thoroughly from my wickedness : and cleanse me from my sin.

3 For I acknowledge my faults : and my sin is ever before me.

4 Against thee only have I sinned, and done this evil in thy sight : that thou mightest be justified in thy saying, and clear when thou art judged.
5 Behold, I was shapen in wickedness : and in sin hath my mother conceived me.
6 But lo, thou requirest truth in the inward parts: and shalt make me to understand wisdom secretly.
7 Thou shalt purge me with hyssop, and I shall be clean : thou shalt wash me, and I shall be whiter than snow.
8 Thou shalt make me hear of joy and gladness : that the bones which thou hast broken may rejoice.
9 Turn thy face from my sins : and put out all my misdeeds.
10 Make me a clean heart, O God : and renew a right spirit within me.
11 Cast me not away from thy presence : and take not thy holy Spirit from me.
12 O give me the comfort of thy help again : and stablish me with thy free Spirit.
13 Then shall I teach thy ways unto the wicked : and sinners shall be converted unto thee.
14 Deliver me from blood-guiltiness, O God, thou that art the God of my health : and my tongue shall sing of thy righteousness.
15 Thou shalt open my lips, O Lord : and my mouth shall shew thy praise.
16 For thou desirest no sacrifice, else would I give it thee : but thou delightest not in burnt-offerings.
17 The sacrifice of God is a troubled spirit : a broken and contrite heart, O God, shalt thou not despise.
18 O be favourable and gracious unto Sion : build thou the walls of Jerusalem.
19 Then shalt thou be pleased with the sacrifice of righteousness, with the burnt-offerings and oblations : then shall they offer young bullocks upon thine altar.
Glory be to the Father and to the Son: and to the Holy Ghost.
As it was in the beginning, is now and ever shall be: world without end. Amen.

(54) SAVE me, O God, for thy Name's sake : and avenge me in thy strength.
2 Hear my prayer, O God : and hearken unto the words of my mouth.
3 For strangers are risen up against me : and tyrants, which have not God before their eyes, seek after my soul.
4 Behold, God is my helper : the Lord is with them that uphold my soul.
5 He shall reward evil unto mine enemies : destroy thou them in thy truth.
6 An offering of a free heart will I give thee, and praise thy Name, O Lord : because it is so comfortable.
7 For he hath delivered me out of all my trouble : and mine eye hath seen his desire upon mine enemies.
Glory be to the Father and to the Son: and to the Holy Ghost.
As it was in the beginning, is now and ever shall be: world without end. Amen.

Reading:

A Reading from the Gospel according to Saint Matthew.

Jesus said to His disciples, "You have heard that it was said, 'You shall not commit adultery.' But I say to you that every one who looks at a woman lustfully has already committed adultery with her in his heart. If your right eye causes you to sin, pluck it out and throw it away; it is better that you lose one of your members than that your whole body be thrown into hell. And if your right hand causes you to sin, cut it off and throw it away; it is better that you lose one of your members than that your whole body go into hell. "It was also said,

'Whoever divorces his wife, let him give her a certificate of divorce.' But I say to you that every one who divorces his wife, except on the ground of unchastity, makes her an adulteress; and whoever marries a divorced woman commits adultery.

Responsories:

Mattins:

I called unto the Most High; for He hath been my help.

I called unto the Most High; for He hath been my help.

May He send from Heaven and save me.

I called unto the Most High; for He hath been my help.

Glory be to the Father and to the Son and to the Holy Ghost.

I called unto the Most High; for He hath been my help.

Evensong:

We give thanks unto Thee, O God; and call upon Thy Name.

We give thanks unto Thee, O God; and call upon Thy Name.

We recount Thy wonderful deeds.

We give thanks unto Thee, O God; and call upon Thy Name.

Glory be to the Father and to the Son and to the Holy Ghost.

We give thanks unto Thee, O God; and call upon Thy Name.

Benedictus antiphon:

The Lord hath set us free from our enemies and from the hands of all that hate Him.

Magnificat antiphon:

He hath put down the mighty that persecute the holy; and hath exalted the humble that confess Your Christ.

Collect of the day:

O God, the strength of all them that put their trust in Thee, mercifully accept our prayers; and because through the weakness of our mortal nature we can do no good thing without Thee, grant us the help of Thy grace, that in keeping of Thy commandments we may please Thee both in will and deed; through Jesus Christ our Lord, Who liveth and reigneth with Thee in the unity of the Holy Ghost, God, throughout all ages world without end. Amen.