

Psalms, readings and collect

Date: 3rd February – week IV

Monday

Venite antiphon:

The Lord God lightens our darkness; O come, let us adore Him.

Office hymns:

Mattins:

Thou Brightness of the Father's ray,
True Light of light and Day of day:
Light's fountain and eternal spring:
Thou Morn the morn illumining.

Glide in, Thou very Sun divine;
With everlasting brightness shine:
And shed abroad on ev'ry sense
The Spirit's light and influence.

Thee, Father, let us seek aright:
The Father of perpetual light:
The Father of almighty Grace:
Each wile of sin away to chase.

Our acts with courage do Thou fill:
Blunt Thou the Tempter's tooth of ill:
Misfortune into good convert,
Or give us grace to bear unhurt.

Evensong:

O great Creator of the sky,
Who wouldest not the floods on high
With earthly waters to confound,
But mad'st the firmament their bound;

The floods above Thou didst ordain:
The floods below Thou didst restrain:
That moisture might attempter heat,
Lest the parched earth should ruin meet.

Upon our souls, good Lord, bestow
The gift of grace in endless flow:
Lest some renewed deceit or wile
Of former sin should us beguile.

Our spirits whatso'er betide,
In chaste and loyal bodies guide;
Let Faith, with fervour unalloyed,
The bane of falsehood still avoid;

And Christ our daily food be nigh:
And Faith our daily cup supply:
So may we quaff, to calm and bless,
The Spirit's rapt'rous holiness.

Now let the day in joy pass on:
Our modesty like early dawn,
Our faith like noontide splendour glow,
Our souls the twilight never know.

All laud to God the Father be:
All laud, eternal Son, to Thee:
All laud, as is for ever meet,
To God the Holy Paraclete.

Let Faith discover heav'nly light:
So shall its ray direct us right:
And let this Faith each error chase:
And never give to falsehood place.

O Father, that we ask be done
Through Jesus Christ, Thine only Son;
Who, with the Holy Ghost and Thee,
Shall live and reign eternally.

Psalm:

(71) IN thee, O Lord, have I put my trust, let me never be put to confusion : but rid me and deliver me in thy righteousness, incline thine ear unto me, and save me.

2 Be thou my strong hold, whereunto I may alway resort : thou hast promised to help me, for thou art my house of defence and my castle.

3 Deliver me, O my God, out of the hand of the ungodly : out of the hand of the unrighteous and cruel man.

4 For thou, O Lord God, art the thing that I long for : thou art my hope, even from my youth.

5 Through thee have I been holden up ever since I was born : thou art he that took me out of my mother's womb; my praise shall be always of thee.

6 I am become as it were a monster unto many : but my sure trust is in thee.

7 O let my mouth be filled with thy praise : that I may sing of thy glory and honour all the day long.

8 Cast me not away in the time of age : forsake me not when my strength faileth me.

9 For mine enemies speak against me, and they that lay wait for my soul take their counsel together, saying : God hath forsaken him; persecute him, and take him, for there is none to deliver him.

10 Go not far from me, O God : my God, haste thee to help me.

11 Let them be confounded and perish that are against my soul : let them be covered with shame and dishonour that seek to do me evil.

12 As for me, I will patiently abide alway : and will praise thee more and more.

13 My mouth shall daily speak of thy righteousness and salvation : for I know no end thereof.

14 I will go forth in the strength of the Lord God: and will make mention of thy righteousness only.

15 Thou, O God, hast taught me from my youth up until now : therefore will I tell of thy wondrous works.

16 Forsake me not, O God, in mine old age, when I am gray-headed : until I have shewed thy strength unto this generation, and thy power to all them that are yet for to come.

17 Thy righteousness, O God, is very high : and great things are they that thou hast done; O God, who is like unto thee?

18 O what great troubles and adversities hast thou shewed me, and yet didst thou turn and refresh me : yea, and broughtest me from the deep of the earth again.

19 Thou hast brought me to great honour : and comforted me on every side.

20 Therefore will I praise thee and thy faithfulness, O God, playing upon an instrument of musick : unto thee will I sing upon the harp, O thou Holy One of Israel.

21 My lips will be fain when I sing unto thee : and so will my soul whom thou hast delivered.

22 My tongue also shall talk of thy righteousness all the day long : for they are confounded and brought unto shame that seek to do me evil.

Glory be to the Father and to the Son: and to the Holy Ghost.

As it was in the beginning, is now and ever shall be: world without end. Amen.

Reading:

A Reading from the Gospel according to Saint Mark.

Jesus and His disciples came to the other side of the sea, to the country of the Ger'asenes. And when he had come out of the boat, there met him out of the tombs a man with an unclean spirit, who lived among the tombs; and no one could bind him any more, even with a chain; for he had often been bound with fetters and chains, but the chains he wrenched apart, and the fetters he broke in pieces; and no one had the strength to subdue him. Night and day among the tombs and on the mountains he was always crying out, and bruising himself with stones. And when he saw Jesus from afar, he ran and worshiped him; and crying out with a loud voice, he said, "What have you to do with me, Jesus, Son of the Most High God? I adjure you by God, do not torment me." For he had said to him, "Come out of the man, you unclean spirit!" And Jesus asked him, "What is your name?" He replied, "My name is Legion; for we are many." And he begged him eagerly not to send them out of the country. Now a great herd of swine was feeding there on the hillside; and they begged him, "Send us to the swine, let us enter them." So he gave them leave. And the unclean spirits came out, and entered the swine; and the herd, numbering about two thousand, rushed down the steep bank into the sea, and were drowned in the sea. The herdsmen fled, and told it in the city and in the country. And people came to see what it was that had happened. And they came to Jesus, and saw the demoniac sitting there, clothed and in his right mind, the man who had had the legion; and they were afraid. And those who had seen it told what had happened to the demoniac and to the swine. And they began to beg Jesus to depart from their neighbourhood. And as he was getting into the boat, the man who had been possessed with demons begged him that he might be with him. But he refused, and said to him, "Go home to your friends, and tell them how much the Lord has done for you, and how he has had mercy on you." And he went away and began to proclaim in the Decap'olis how much Jesus had done for him; and all men marvelled.

Responsories:

Mattins:

In the morning let me know Thy love.

[In the morning let me know Thy love.](#)

Make me know the way I should walk.

[In the morning let me know Thy love.](#)

Glory be to the Father and to the Son and to the Holy Ghost.

In the morning let me know Thy love.

Evensong:

I will bless the Lord at all times.

[I will bless the Lord at all times.](#)

His praise shall ever be in my mouth.

[I will bless the Lord at all times.](#)

Glory be to the Father and to the Son and to the Holy Ghost.

I will bless the Lord at all times.

Benedictus antiphon:

The Lord hath raised up for us an horn of salvation in the house of His servant David.

Magnificat antiphon:

My soul doth magnify the Lord, for He hath regarded my lowliness.

Collect of the day:

O Lord, we beseech Thee favourably to hear the prayers of Thy people; that we, who are justly punished for our offences, may be mercifully delivered by Thy goodness, for the glory of Thy Name; through Jesus Christ Thy Son our Lord; Who liveth and reigneth with Thee in the unity of the Holy Ghost, God, throughout all ages world without end. Amen.