

Psalms, readings and collect

Date: 4th February – Week IV

Tuesday

Venite antiphon:

The heavens declare the Glory of God; O come, let us adore Him.

Office hymns:

Mattins:

The wing-ed herald of the day
Proclaims the morn's approaching ray:
And Christ the Lord our souls excites,
And so to endless life invites.

Take up thy bed, to each He cries,
Who sick or wrapt in slumber lies;
And chaste and just and sober stand,
And watch; my advent is at hand.

With earnest cry, with tearful care,
Call we the Lord to hear our prayer;
While supplication, pure and deep,
Forbids each chastened heart to sleep.

Do Thou, O Christ, our slumber wake:
Do Thou the chains of darkness break;
Purge Thou our former sins away,
And in our souls new light display.

All laud to God the Father be,
All praise, eternal Son, to Thee;
All glory, as is ever meet,
To God the holy Paraclete.

Evensong:

Earth's mighty Maker, Whose command
Raised from the sea the solid land:
And drove each billowy heap away,
And bade the earth stand firm for aye:

That so with flow'rs of golden hue,
The seeds of each it might renew:
And fruit-trees bearing fruit might yield,
And pleasant pasture of the field.

Our spirit's rankling wounds efface
With dewy freshness of Thy Grace:
That grief may cleanse each deed of ill
And o'er each lust may triumph still.

Let ev'ry soul Thy Law obey,
And keep from ev'ry evil way:
Rejoice each promised good to win
And flee from ev'ry mortal sin.

O Father, that we ask be done
Through Jesus Christ, Thine only Son;
Who, with the Holy Ghost and Thee,
Shall live and reign eternally.

Psalm:

(73) TRULY God is loving unto Israel : even unto such as are of a clean heart.
2 Nevertheless, my feet were almost gone : my treadings had well-nigh slipt.
3 And why? I was grieved at the wicked : I do also see the ungodly in such prosperity.
4 For they are in no peril of death : but are lusty and strong.

5 They come in no misfortune like other folk : neither are they plagued like other men.
6 And this is the cause that they are so holden with pride : and overwhelmed with cruelty.
7 Their eyes swell with fatness : and they do even what they lust.
8 They corrupt other, and speak of wicked blasphemy : their talking is against the most High.
9 For they stretch forth their mouth unto the heaven : and their tongue goeth through the world.
10 Therefore fall the people unto them : and thereout suck they no small advantage.
11 Tush, say they, how should God perceive it : is there knowledge in the most High?
12 Lo, these are the ungodly, these prosper in the world, and these have riches in possession : and I said, Then have I cleansed my heart in vain, and washed mine hands in innocency.
13 All the day long have I been punished : and chastened every morning.
14 Yea, and I had almost said even as they : but lo, then I should have condemned the generation of thy children.
15 Then thought I to understand this : but it was too hard for me,
16 Until I went into the sanctuary of God : then understood I the end of these men;
17 Namely, how thou dost set them in slippery places : and castest them down, and destroyest them.
18 O how suddenly do they consume : perish, and come to a fearful end!
19 Yea, even like as a dream when one awaketh : so shalt thou make their image to vanish out of the city.
20 Thus my heart was grieved : and it went even through my reins.
21 So foolish was I, and ignorant : even as it were a beast before thee.
22 Nevertheless, I am alway by thee : for thou hast holden me by my right hand.
23 Thou shalt guide me with thy counsel : and after that receive me with glory.
24 Whom have I in heaven but thee : and there is none upon earth that I desire in comparison of thee.
25 My flesh and my heart faileth : but God is the strength of my heart, and my portion for ever.
26 For lo, they that forsake thee shall perish : thou hast destroyed all them that commit fornication against thee.
27 But it is good for me to hold me fast by God, to put my trust in the Lord God : and to speak of all thy works in the gates of the daughter of Sion.
Glory be to the Father and to the Son: and to the Holy Ghost.
As it was in the beginning, is now and ever shall be: world without end. Amen.

Reading:

A Reading from the Gospel according to Saint Mark.

When Jesus had crossed again in the boat to the other side, a great crowd gathered about him; and he was beside the sea. Then came one of the rulers of the synagogue, Ja'irus by name; and seeing him, he fell at his feet, and besought him, saying, "My little daughter is at the point of death. Come and lay your hands on her, so that she may be made well, and live." And he went with him. And a great crowd followed him and thronged about him. And there was a woman who had had a flow of blood for twelve years, and who had suffered much under many physicians, and had spent all that she had, and was no better but rather grew worse. She had heard the reports about Jesus, and came up behind him in the crowd and touched his garment. For she said, "If I touch even his garments, I shall be made well." And

immediately the haemorrhage ceased; and she felt in her body that she was healed of her disease. And Jesus, perceiving in himself that power had gone forth from him, immediately turned about in the crowd, and said, "Who touched my garments?" And his disciples said to him, "You see the crowd pressing around you, and yet you say, 'Who touched me?'" And he looked around to see who had done it. But the woman, knowing what had been done to her, came in fear and trembling and fell down before him, and told him the whole truth. And he said to her, "Daughter, your faith has made you well; go in peace, and be healed of your disease." While he was still speaking, there came from the ruler's house some who said, "Your daughter is dead. Why trouble the Teacher any further?" But ignoring what they said, Jesus said to the ruler of the synagogue, "Do not fear, only believe." And he allowed no one to follow him except Peter and James and John the brother of James. When they came to the house of the ruler of the synagogue, he saw a tumult, and people weeping and wailing loudly. And when he had entered, he said to them, "Why do you make a tumult and weep? The child is not dead but sleeping." And they laughed at him. But he put them all outside, and took the child's father and mother and those who were with him, and went in where the child was. Taking her by the hand he said to her, "Tal'itha cu'mi"; which means, "Little girl, I say to you, arise." And immediately the girl got up and walked (she was twelve years of age), and they were immediately overcome with amazement. And he strictly charged them that no one should know this, and told them to give her something to eat.

Responsories:

Mattins:

Hear my cry, O Lord, for I hope in Thy Word.
[Hear my cry, O Lord, for I hope in Thy Word.](#)
I rise before dawn and call for help.
[Hear my cry, O Lord, for I hope in Thy Word.](#)
Glory be to the Father and to the Son and to the Holy Ghost.
Hear my cry, O Lord, for I hope in Thy Word.

Evensong:

How wonderful are Thy works, O Lord.
[How wonderful are Thy works, O Lord.](#)
In wisdom hast Thou made them all.
[How wonderful are Thy works, O Lord.](#)
Glory be to the Father and to the Son and to the Holy Ghost.
How wonderful are Thy works, O Lord.

Benedictus antiphon:

The Lord hath shown mercy to our fathers; He hath remembered His holy covenant.

Magnificat antiphon:

Let my spirit rejoice in God my Saviour.

Collect of the day:

O Lord, we beseech Thee favourably to hear the prayers of Thy people; that we, who are justly punished for our offences, may be mercifully delivered by Thy goodness, for the glory of Thy Name; through Jesus Christ Thy Son our Lord; Who liveth and reigneth with Thee in the unity of the Holy Ghost, God, throughout all ages world without end. Amen.