The Parish Churches of S Philip
and S Augustine and S Matthew
with S Mary the Virgin Newcastle

Liturgy of the Word and Spiritual Communion during Lent

Notes

This service is intended for use on Sundays and some feast days. It is a version of the Liturgy of the Word, which turns on the Our Father into an act of spiritual communion, undertaken in the words of the *Anima Christi.*

The bulk of the service inheres in the readings and the intercessions. These will be sent out each week.

God, we implore Thee, in Thy glory seated:
Bow down and hearken to Thy weeping children:
Pit and pardon all our grievous trespasses.

Sins oft committed now we lay before Thee:
With true contrition, now no more we veil them:
Grant us, Redeemer, loving absolution.

Innocent, captive, taken unresisting:
Falsely accused and for us sinners sentenced:
Save us, we pray Thee, Jesu our Redeemer.

Hear us, O Lord, have mercy upon us: for we have sinned against Thee.

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O Lord, support us all the day long of this troublous life, until the shades lengthen and the evening comes, the busy world is hushed, the fever of life is over and our work is done; then Lord, in thy mercy, grant us safe lodging, a holy rest, and peace at the last, through Jesus Christ our Lord. Amen.

+ The Grace of our Lord Jesus Christ and the love of God and the fellowship of the Holy Spirit be with us all evermore. Amen.

In place of receiving Holy Communion, you should use this prayer:

Soul of Christ, sanctify me;
Body of Christ, save me;
Blood of Christ, refresh me;
Water from the side of Christ, wash me.
Passion of Christ, strengthen me.
O good Jesu, hear me.
Within Thy wounds, hide me.
Do not permit me to be separated from Thee;
From the malicious enemy defend me,
In the hour of my death call me
And bid me come to Thee,
That with Thy saints I may praise Thee;
For ever and ever. Amen.

It is appropriate that a time of reflexion follows. If, like the Vicar, you have a mind that easily lured by the frivolous and ephemeral, you might use the following to help stay on task:

Hear us, O Lord, have mercy upon us: for we have sinned against Thee.

To Thee, Redeemer, on Thy Throne of glory:
Lift we our weeping eyes in holy pleadings:
Listen O Jesu, to our supplications:

O Thou chief Cornerstone, Right Hand of the Father:
Way of salvation, Gate of Life Celestial:
Cleanse Thou our sinful souls from all defilement.

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+ In the Name of the Father and of the Son and of the Holy Spirit. Amen.

Lent:
The Sacrifice of God is a broken spirit: a broken and contrite heart He will not despise. Our sin is always before us; let us, therefore, confess our sins in penitence and Faith.

Passiontide:
God shows His love for us in that, while we were still sinners, Christ died for us. Let us then show our love for Him by confessing our sins in penitence and faith:

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Lord Jesus Christ, You said: "Blessed are the poor in spirit, for theirs is the Kingdom of Heaven." Yet we are preoccupied with money and worldly goods and even try to increase them at the expense of justice. Kyrie eleison.

Lord Jesus Christ, You said: "Blessed are the gentle for they shall inherit the earth." Yet we are ruthless with one another, and our world is full of discord and violence. Christe eleison.

Lord Jesus Christ, You said: "Blessed are those who mourn, for they shall be comforted." Yet we are impatient under our own burdens and unconcerned about the burdens of others. Kyrie eleison.

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Lord Jesus Christ, You said: "Blessed are those who hunger and thirst for justice, for they shall be filled." Yet we do not thirst for You, the fountain of all holiness, and are slow to spread Your influence in our private lives or in society. Christe eleison.

Lord Jesus Christ, You said: "Blessed are the merciful, for they shall receive mercy." Yet we are slow to forgive and quick to condemn. Kyrie eleison.

Lord Jesus Christ, You said: Blessed are the clean of heart, for they shall see God." Yet we are prisoners of our senses and evil desires and dare not raise our eyes to You. Christe eleison.

Lord Jesus Christ, You said: "Blessed are the peacemakers, for they shall be called the children of God." Yet we fail to make peace in our families, in our country and in the world. Kyrie eleison.

Lord Jesus Christ, You said: "Blessed are those who are persecuted for the sake of justice, for the kingdom of God is theirs." Yet we prefer to practice injustice rather than suffer for the sake of right; we discriminate against our neighbours and oppress and persecute them. Christe eleison.

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Almighty God, have mercy upon us, pardon and deliver us from all our sins and lead us to life eternal; in and through Jesus Christ our Lord. Amen.

Let us pray:

The Collect of the day

The First Reading

The Psalm

The Gospel

The **Intercessions** *follow; these will include petitions from the weekly cycle; and may include the Covid 19 prayer in the notes; at the end:*

These and the prayers of my Christian community I lay before God in union with our Lady, Saint Matthew, Saint Philip, Saint Augustine and all the saints:

Our Father, Who art in Heaven, hallowed by Thy Name; Thy Kingdom come, Thy Will be done on earth as it is in Heaven. Give us this day our daily bread and forgive us our trespasses as we forgive those who trespass against us; and lead us not into temptation, but deliver us from evil. For Thine is the Kingdom, the power and the glory for ever and ever. Amen.

O Lamb of God, that takest away the sins of the world, have mercy upon us.
O Lamb of God, that takest away the sins of the world, have mercy upon us.
O Lamb of God, that takest away the sins of the world, grant us Thy peace.