



The Parish Churches of S Philip  
and S Augustine and S Matthew  
with S Mary the Virgin Newcastle

# The Office

## during Advent

## for use at home

## Notes

When reciting the office privately, you should move your lips with the words to ensure that your eyes do not just mindlessly move along the text.

Usually, people sit (or kneel) to recite the office privately – in front of a Crucifix, if possible. Some people may choose to light a candle.

The sign of the Cross made at, “ O Lord, open &c) is generally made on the lips with the thumb to seek a blessing on the words of our prayer.

The Responsory is provided in full, but if you are reciting it alone, you can omit the lines in blue.

For the psalm(s), reading and collect, the plan is that the Vicar will send these out every day (Monday – Saturday) the day before they are to be used. The reading will be the Gospel set for the Mass

The booklet is provided in two forms. Some will prefer to read it from their electronic toy; others may need to print it out. Hopefully the booklet format will let you do just that. Please save the file to your hard disk. Other booklets will be sent as and when the Liturgical season requires.

Intercessions will also be circulated so that we can pray for the same thing each day.

*At Evensong:*

Almighty God, give us grace that we may cast away the works of darkness and put upon us the armour of light, now in the time of this mortal life, in which Thy Son Jesus Christ came to visit us in great humility; that in the last day when He shall come again in His glorious Majesty, to judge both the quick and the dead, we may rise to the life immortal; through Jesus Christ our Lord. Amen.

O God, from Whom all holy desires, all good counsels, and all just works do proceed: Give unto Thy servants that peace which the world cannot give; that both our hearts may be set to obey Thy commandments, and also that by Thee, we being defended from the fear of our enemies may pass our time in rest and quietness: through the merits of Jesus Christ our Saviour. Amen.

Lighten our darkness, we beseech Thee, O Lord; and by Thy great mercy defend us from all perils and dangers of this night; for the love of Thy only Son, our Saviour Jesus Christ. Amen.

*Any intercessions follow and a period of silence*

+ The grace of our Lord Jesus Christ, and the love of God, and the fellowship of the Holy Ghost, be with us all evermore. Amen.

**Angelus**

The Angel of the Lord declared unto Mary.  
And she conceived of the Holy Spirit.

Hail Mary, full of grace, the Lord is with Thee; Blessed art thou among women, and blessed is the fruit of thy womb, Jesus. Holy Mary, Mother of God, pray for us sinners, now and at the hour of our death. Amen

Behold the handmaid of the Lord.  
Be it done unto me according to thy word.

Hail Mary. . .

And the Word was made flesh.  
And dwelt among us.

Hail Mary. . .

Pray for us, O holy Mother of God.  
That we may be made worthy of the promises of Christ.

Pour forth, we beseech Thee, O Lord, Thy grace into our hearts, that we to whom the Incarnation of Christ Thy Son was made known by the message of an angel, may by His + Cross and Passion be brought to the glory of His Resurrection. Through the same Christ Our Lord. Amen.

## The Office

+ O Lord, open thou our lips.  
And our mouth shall shew forth thy praise.  
+ O God, make speed to save us.  
O Lord, make haste to help us.

Glory be to the Father, and to the Son, and to the Holy Ghost;  
As it was in the beginning, is now, and ever shall be, world  
without end. Amen.

Praise ye the Lord.  
The Lord's Name be praised.

*At Mattins, there follows the **Venite** with its antiphon:*

*Antiphon: Our King and Saviour draweth nigh; O come, let us  
adore Him.*

O come, let us sing unto the Lord :  
let us heartily rejoice in the strength of our salvation.  
Let us come before his presence with thanksgiving :  
and show ourselves glad in him with psalms.

### Antiphon

For the Lord is a great God :  
and a great King above all gods.  
In his hand are all the corners of the earth :  
and the strength of the hills is his also.

### Antiphon

## At Mattins:

Almighty God, give us grace that we may cast away the works  
of darkness and put upon us the armour of light, now in the time  
of this mortal life, in which Thy Son Jesus Christ came to visit  
us in great humility; that in the last day when He shall come  
again in His glorious Majesty, to judge both the quick and the  
dead, we may rise to the life immortal; through Jesus Christ our  
Lord. Amen.

O God, Who art the Author of peace and Lover of concord, in  
knowledge of Whom standeth our eternal life, Whose service is  
perfect freedom: Defend us Thy humble servants in all assaults  
of our enemies; that we, surely trusting in Thy defence, may not  
fear the power of any adversaries; through the might of Jesus  
Christ our Lord. Amen.

O Lord our heavenly Father, almighty and everlasting God, Who  
hast safely brought us to the beginning of this day: Defend us in  
the same with Thy mighty power; and grant that this day we fall  
into no sin, neither run into any kind of danger; but that all our  
doings may be ordered by Thy governance, to do always that is  
righteous in Thy sight; through Jesus Christ our Lord.

*Any intercessions follow and a period of silence*

+ The grace of our Lord Jesus Christ, and the love of God, and  
the fellowship of the Holy Ghost, be with us all evermore.  
Amen.

Our Father, which art in heaven, Hallowed be thy Name, Thy kingdom come, Thy will be done, in earth as it is in heaven. Give us this day our daily bread; And forgive us our trespasses, As we forgive them that trespass against us; And lead us not into temptation, But deliver us from evil. Amen.

O Lord, shew thy mercy upon us.  
And grant us thy salvation.  
O Lord, save the Queen.  
And mercifully hear us when we call upon thee.  
Endue thy Ministers with righteousness.  
And make thy chosen people joyful.  
O Lord, save thy people.  
And bless thine inheritance.  
Give peace in our time, O Lord.  
Because there is none other that fighteth for us, but only thou, O God.  
O God, make clean our hearts within us.  
And take not thy Holy Spirit from us.

*There follows the **Collect of the Day**.*

The sea is his, and he made it :  
and his hands prepared the dry land.  
O come, let us worship and fall down :  
and kneel before the Lord our Maker.  
For he is the Lord our God :  
and we are the people of his pasture, and the sheep of his hand.

### Antiphon

To day if ye will hear his voice, harden not your hearts :  
as in the provocation,  
and as in the day of temptation in the wilderness;  
When your fathers tempted me :  
proved me, and saw my works.

### Antiphon

Forty years long was I grieved with this generation, and said :  
It is a people that do err in their hearts,  
for they have not known my ways.  
Unto whom I swear in my wrath :  
that they should not enter into my rest.

### Antiphon

Glory be to the Father, and to the Son: and to the Holy Ghost;  
As it was in the beginning, is now, and ever shall be: world  
without end. Amen.

### Antiphon

*The Office Hymn follows:*

*Mattins:*

O heavenly Word of God on high,  
Whose love has brought salvation nigh,  
And from the Father's heart didst come  
To save a race by sin undone.

Our minds enlighten from above,  
And kindle with the fire of love,  
That as we hear Thy Gospel read,  
All sinful thoughts may flee in dread.

So, when Thou comest at the last,  
And earth's long history is past,  
May we be set at Thy right hand,  
And with Thine own in glory stand.

Grant Thou Thy gifts of grace below,  
In Heaven and endless joy bestow,  
Who art our sole and sovereign Lord,  
The saving Judge, and saints' reward.

All praise, eternal Son, to Thee  
Whose Advent sets Thy people free,  
Whom with the Father we adore,  
And Spirit blest, for evermore. Amen.

*The office continues:*

I believe in God the Father Almighty,  
Maker of heaven and earth:  
And in Jesus Christ his only Son our Lord,  
Who was conceived by the Holy Ghost,  
Born of the Virgin Mary,  
Suffered under Pontius Pilate,  
Was crucified, dead, and buried:  
He descended into hell;  
The third day he rose again from the dead;  
He ascended into heaven,  
And sitteth on the right hand of God the Father Almighty;  
From thence he shall come to judge the quick and the dead.  
I believe in the Holy Ghost;  
The holy Catholick Church;  
The Communion of Saints;  
The Forgiveness of sins;  
The Resurrection of the body,  
+ And the Life everlasting. Amen.

Let us pray.  
Lord, have mercy upon us.  
Christ, have mercy upon us.  
Lord, have mercy upon us.

*At Evensong, there follows the **Magnificat**:*

*Antiphon: printed on the daily sheet.*

+ MY soul doth magnify the Lord : and my spirit hath rejoiced  
in God my Saviour.

For he hath regarded : the lowliness of his hand-maiden.

For behold, from henceforth : all generations shall call me  
blessed.

For he that is mighty hath magnified me : and holy is his  
Name.

And his mercy is on them that fear him : throughout all  
generations.

He hath shewed strength with his arm : he hath scattered the  
proud in the imagination of their hearts.

He hath put down the mighty from their seat : and hath exalted  
the humble and meek.

He hath filled the hungry with good things : and the rich he  
hath sent empty away.

He remembering his mercy hath holpen his servant Israel :  
as he promised to our forefathers, Abraham and his seed, for  
ever.

Glory be to the Father, and to the Son : and to the Holy Ghost;  
As it was in the beginning, is now, and ever shall be : world  
without end. Amen.

*Antiphon*

*Evensong:*

Creator of the stars of night,  
Thy people's everlasting light,  
O Jesu, Saviour of us all,  
Regard Thy servants when they call.

Thou, grieving at the bitter cry  
Of all creation doomed to die,  
Didst come to save a ruined race  
With healing gifts of heavenly grace.

Thou camest, Bridegroom of the bride,  
As drew the world to evening-tide,  
Proceeding from a virgin shrine,  
The Son of May, yet Lord divine.

At Thy great Name, exalted now,  
All knees must bend, all hearts must bow,  
And things in Heaven and earth shall own  
That Thou art Lord and King alone.

To Thee, O holy One, we pray,  
Our Judge in that tremendous day,  
Preserve us, while we dwell below,  
From every onslaught of the foe.

All praise, eternal Son, to Thee,  
Whose advent sets Thy people free,  
Whom with the Father we adore,  
And Spirit blest, for evermore. Amen.

*There follow:*

***The Psalm(s)***

***The Reading***

**The Responsory**

Come to us and save us, Lord God almighty.

*Come to us and save us, Lord God almighty.*

Let Your face shine on us and we shall be saved.

*Come to us and save us, Lord God almighty.*

Glory be to the Father, and to the Son: and to the Holy Ghost;

Come to us and save us, Lord God almighty.

*At Mattins, there follows the **Benecticus**:*

*Antiphon: printed on the daily sheet.*

+ Blessed be the Lord God of Israel : for he hath visited and redeemed his people;

And hath raised up a mighty salvation for us : in the house of his servant David;

As he spake by the mouth of his holy Prophets : which have been since the world began;

That we should be saved from our enemies : and from the hand of all that hate us.

To perform the mercy promised to our forefathers : and to remember his holy Covenant;

To perform the oath which he sware to our forefather Abraham : that he would give us;

That we being delivered out of the hand of our enemies : might serve him without fear;

In holiness and righteousness before him : all the days of our life.

And thou, Child, shalt be called the Prophet of the Highest : for thou shalt go before the face of the Lord to prepare his ways;

To give knowledge of salvation unto his people : for the remission of their sins,

Through the tender mercy of our God : whereby the day-spring from on high hath visited us;

To give light to them that sit in darkness, and in the shadow of death : and to guide our feet into the way of peace.

Glory be to the Father, and to the Son : and to the Holy Ghost;

As it was in the beginning, is now, and ever shall be : world without end. Amen.

*Antiphon*