



The Parish Churches of S Philip and S  
Augustine and S Matthew with S Mary the  
Virgin Newcastle

The Office for  
The Feast of the  
Visitation of  
the BVM for  
use at home

## Notes

When reciting the office privately, you should move your lips with the words to ensure that your eyes do not just mindlessly move along the text.

Usually, people sit (or kneel) to recite the office privately – in front of a Crucifix, if possible. Some people may choose to light a candle.

The sign of the Cross made at, “ O Lord, open &c) is generally made on the lips with the thumb to seek a blessing on the words of our prayer.

The Responsory is provided in full, but if you are reciting it alone, you can omit the lines in blue.

For the psalm(s), reading and collect, the plan is that the Vicar will send these out every day (Monday – Saturday) the day before they are to be used. The reading will be the Gospel set for the Mass

The booklet is provided in two forms. Some will prefer to read it from their electronic toy; others may need to print it out. Hopefully the booklet format will let you do just that. Please save the file to your hard disk. Other booklets will be sent as and when the Liturgical season requires.

Intercessions will also be circulated so that we can pray for the same thing each day.

The **Te Deum** is said at one office on Sundays, preferably in the morning.

*In Eastertide:*

## **Regina Coeli**

Joy to thee, O Queen of Heaven. Alleluia!  
He whom thou wast meet to bear. Alleluia!  
As He promised hath arisen. Alleluia!  
Pour for us to God thy prayer. Alleluia!

Rejoice and be glad, O Virgin Mary. Alleluia!  
For the Lord is risen indeed. Alleluia!

Let us pray:

O God, Who through the Resurrection of our Lord Jesus Christ  
Hast brought joy to the whole world:  
Grant that, with the Blessed Virgin Mary,  
We may attain to the joys of life eternal:  
In and through the same Your Son Jesus Christ our Lord.  
Amen.

*In Ordinary Time:*

## **Angelus**

The Angel of the Lord declared unto Mary.  
And she conceived of the Holy Spirit.

Hail Mary, full of grace, the Lord is with Thee; Blessed art thou among women, and blessed is the fruit of thy womb, Jesus. Holy Mary, Mother of God, pray for us sinners, now and at the hour of our death. Amen

Behold the handmaid of the Lord.  
Be it done unto me according to thy word.

Hail Mary. . .

And the Word was made flesh.  
And dwelt among us.

Hail Mary. . .

Pray for us, O holy Mother of God.  
That we may be made worthy of the promises of Christ.

Pour forth, we beseech Thee, O Lord, Thy grace into our hearts, that we to whom the Incarnation of Christ Thy Son was made known by the message of an angel, may by His + Cross and Passion be brought to the glory of His Resurrection. Through the same Christ Our Lord. Amen.

## The Office

+ O Lord, open thou our lips.  
And our mouth shall shew forth thy praise.  
+ O God, make speed to save us.  
O Lord, make haste to help us.

Glory be to the Father, and to the Son, and to the Holy Ghost;  
As it was in the beginning, is now, and ever shall be, world  
without end. Amen.

Praise ye the Lord.  
The Lord's Name be praised.

*At Mattins, there follows the **Venite** with its antiphon:*

*Antiphon: (Alleluia!) The Mother of her Lord visited her; O  
come let us sing to the Lord. (Alleluia!)*

O come, let us sing unto the Lord :  
let us heartily rejoice in the strength of our salvation.  
Let us come before his presence with thanksgiving :  
and show ourselves glad in him with psalms.

### Antiphon

For the Lord is a great God :  
and a great King above all gods.  
In his hand are all the corners of the earth :  
and the strength of the hills is his also.

### Antiphon



*The Office Hymn follows:*

Now in holy celebration  
Sing we of that Mother blest,  
In whose flesh for our salvation  
God incarnate deigned to rest,  
When her cousin's salutation  
Named in faith the mystic guest.

Lo, the advent Word confessing,  
Spake for joy the voice yet dumb,  
Through His mother's lips addressing  
Her, of motherhood the sum,  
Bower of beauty, blest and blessing,  
Crowned with fruit of life to come.

'Whence,' she cried, at this fair meeting,  
'Comes to me this great reward?  
For when first I heard the greeting  
Of the Mother of my Lord,  
In my womb, the joy repeating,  
Leapt my babe in sweet accord!'

Lo, at that glad commendation  
Joy found voice in Mary's breast  
While in holy exultation  
She her Maker's power confessed,  
At Whose Word each generation  
Now henceforward names her blest.

*(continued over the page)*

Triune Godhead, health supplying,  
Ruler of eternity,  
On the fount of grace relying,  
We uplift our hearts to Thee,  
Praying that in realms undying  
We at one with Life may be.

*There follow:*

(85) LORD, thou art become gracious unto thy land: thou hast turned away the captivity of Jacob.

2 Thou hast forgiven the offence of thy people : and covered all their sins.

3 Thou hast taken away all thy displeasure : and turned thyself from thy wrathful indignation.

4 Turn us then, O God our Saviour : and let thine anger cease from us.

5 Wilt thou be displeased at us for ever : and wilt thou stretch out thy wrath from one generation to another?

6 Wilt thou not turn again, and quicken us : that thy people may rejoice in thee?

7 Shew us thy mercy, O Lord : and grant us thy salvation.

8 I will hearken what the Lord God will say concerning me : for he shall speak peace unto his people, and to his saints, that they turn not again.

9 For his salvation is nigh them that fear him : that glory may dwell in our land.

10 Mercy and truth are met together : righteousness and peace have kissed each other.

11 Truth shall flourish out of the earth : and righteousness hath looked down from heaven.

12 Yea, the Lord shall shew loving-kindness : and our land shall give her increase.

*(continued over the page)*

13 Righteousness shall go before him : and he shall direct his going in the way.

Glory be to the Father, and to the Son : and to the Holy Ghost;  
As it was in the beginning, is now, and ever shall be : world without end. Amen.

A Reading from the Book of the Prophet Zephaniah.

Sing aloud, O daughter of Zion; shout, O Israel! Rejoice and exult with all your heart, O daughter of Jerusalem! The LORD has taken away the judgments against you, he has cast out your enemies. The King of Israel, the LORD, is in your midst; you shall fear evil no more. On that day it shall be said to Jerusalem: "Do not fear, O Zion; let not your hands grow weak. The LORD, your God, is in your midst, a warrior who gives victory; he will rejoice over you with gladness, he will renew you in his love; he will exult over you with loud singing as on a day of festival. "I will remove disaster from you, so that you will not bear reproach for it.

### **The Responsory**

Hail Mary, full of Grace, the Lord is with thee.

(Alleluia, alleluia!)

Hail Mary, full of Grace, the Lord is with thee.

(Alleluia, alleluia!)

Blessed art thou amongst women.

Alleluia, alleluia!

Glory be to the Father, and to the Son: and to the Holy Ghost;

Hail Mary, full of Grace, the Lord is with thee.

(Alleluia, alleluia!)

*At Mattins, there follows the **Benedictus**:*

*Antiphon: Who am I that the mother of my Lord should visit me? For when the voice of your greeting came to my ears, the babe in my womb leapt for joy. (Alleluia!)*

+ Blessed be the Lord God of Israel : for he hath visited and redeemed his people;

And hath raised up a mighty salvation for us : in the house of his servant David;

As he spake by the mouth of his holy Prophets : which have been since the world began;

That we should be saved from our enemies : and from the hand of all that hate us.

To perform the mercy promised to our forefathers : and to remember his holy Covenant;

To perform the oath which he sware to our forefather Abraham : that he would give us;

That we being delivered out of the hand of our enemies : might serve him without fear;

In holiness and righteousness before him : all the days of our life.

And thou, Child, shalt be called the Prophet of the Highest : for thou shalt go before the face of the Lord to prepare his ways; To give knowledge of salvation unto his people : for the remission of their sins,

Through the tender mercy of our God : whereby the day-spring from on high hath visited us;

To give light to them that sit in darkness, and in the shadow of death : and to guide our feet into the way of peace.

Glory be to the Father, and to the Son : and to the Holy Ghost; As it was in the beginning, is now, and ever shall be : world without end. Amen.

*Antiphon*

*At Evensong, there follows the **Magnificat**:*

**Antiphon:**

To an instrument of ten strings singeth the royal maiden,  
magnifying the Lord her Saviour. (Alleluia!)

+ MY soul doth magnify the Lord : and my spirit hath rejoiced  
in God my Saviour.

For he hath regarded : the lowliness of his hand-maiden.

For behold, from henceforth : all generations shall call me  
blessed.

For he that is mighty hath magnified me : and holy is his  
Name.

And his mercy is on them that fear him : throughout all  
generations.

He hath shewed strength with his arm : he hath scattered the  
proud in the imagination of their hearts.

He hath put down the mighty from their seat : and hath exalted  
the humble and meek.

He hath filled the hungry with good things : and the rich he  
hath sent empty away.

He remembering his mercy hath holpen his servant Israel :  
as he promised to our forefathers, Abraham and his seed, for  
ever.

Glory be to the Father, and to the Son : and to the Holy Ghost;  
As it was in the beginning, is now, and ever shall be : world  
without end. Amen.

**Antiphon**

*The office continues:*

I believe in God the Father Almighty,  
Maker of heaven and earth:  
And in Jesus Christ his only Son our Lord,  
Who was conceived by the Holy Ghost,  
Born of the Virgin Mary,  
Suffered under Pontius Pilate,  
Was crucified, dead, and buried:  
He descended into hell;  
The third day he rose again from the dead;  
He ascended into heaven,  
And sitteth on the right hand of God the Father Almighty;  
From thence he shall come to judge the quick and the dead.  
I believe in the Holy Ghost;  
The holy Catholick Church;  
The Communion of Saints;  
The Forgiveness of sins;  
The Resurrection of the body,  
+ And the Life everlasting. Amen.

Let us pray.  
Lord, have mercy upon us.  
Christ, have mercy upon us.  
Lord, have mercy upon us.

Our Father, which art in heaven, Hallowed be thy Name, Thy kingdom come, Thy will be done, in earth as it is in heaven. Give us this day our daily bread; And forgive us our trespasses, As we forgive them that trespass against us; And lead us not into temptation, But deliver us from evil. Amen.

O Lord, shew thy mercy upon us.

And grant us thy salvation.

O Lord, save the Queen.

And mercifully hear us when we call upon thee.

Endue thy Ministers with righteousness.

And make thy chosen people joyful.

O Lord, save thy people.

And bless thine inheritance.

Give peace in our time, O Lord.

Because there is none other that fighteth for us, but only thou, O God.

O God, make clean our hearts within us.

And take not thy Holy Spirit from us.

*There follows the **Collect of the Day**:*

Mighty God, by Whose grace Elizabeth did rejoice with Mary and greeted her as the Mother of the Lord: look with favour on Thy lowly servants that, with Mary, we may magnify Thy holy Name and rejoice to acclaim her Son our Saviour, Who liveth and reigneth with Thee in the unity of the Holy Ghost; God, throughout all ages world without end.

Amen.

*At Mattins:*

O God, Who art the Author of peace and Lover of concord, in knowledge of Whom standeth our eternal life, Whose service is perfect freedom: Defend us Thy humble servants in all assaults of our enemies; that we, surely trusting in Thy defence, may not fear the power of any adversaries; through the might of Jesus Christ our Lord. Amen.

O Lord our heavenly Father, almighty and everlasting God, Who hast safely brought us to the beginning of this day: Defend us in the same with Thy mighty power; and grant that this day we fall into no sin, neither run into any kind of danger; but that all our doings may be ordered by Thy governance, to do always that is righteous in Thy sight; through Jesus Christ our Lord.

*Any intercessions follow and a period of silence*

The grace of our Lord Jesus Christ, and the love of God, and the fellowship of the Holy Ghost, be with us all evermore. Amen.

*At Evensong:*

O God, from Whom all holy desires, all good counsels, and all just works do proceed: Give unto Thy servants that peace which the world cannot give; that both our hearts may be set to obey Thy commandments, and also that by Thee, we being defended from the fear of our enemies may pass our time in rest and quietness: through the merits of Jesus Christ our Saviour. Amen.

Lighten our darkness, we beseech Thee, O Lord; and by Thy great mercy defend us from all perils and dangers of this night; for the love of Thy only Son, our Saviour Jesus Christ. Amen.

\* \* \*

*The Te Deum is said on Sundays and red letter feasts.*

WE praise thee, O God : we acknowledge thee to be the Lord.  
All the earth doth worship thee : the Father everlasting.  
To thee all Angels cry aloud : the heavens, and all the powers  
therein.  
To thee Cherubin and Seraphin : continually do cry,  
Holy, Holy, Holy : Lord God of Sabaoth;  
Heaven and earth are full of the Majesty : of thy glory.  
The glorious company of the Apostles : praise thee.  
The goodly fellowship of the Prophets : praise thee.

*(continued over the page)*

The noble army of Martyrs : praise thee.  
The holy Church throughout all the world : doth acknowledge thee;  
The Father : of an infinite Majesty;  
Thine honourable, true : and only Son;  
Also the Holy Ghost : the Comforter.  
Thou art the King of Glory : O Christ.  
Thou art the everlasting Son : of the Father.  
When thou tookest upon thee to deliver man : thou didst not abhor the Virgin's womb.  
When thou hadst overcome the sharpness of death : thou didst open the kingdom of heaven to all believers.  
Thou sittest at the right hand of God : in the glory of the Father.  
We believe that thou shalt come : to be our Judge.  
We therefore pray thee, help thy servants : whom thou hast redeemed with thy precious blood.  
Make them to be numbered with thy Saints : in glory everlasting.  
O Lord, save thy people : and bless thine heritage.  
Govern them : and lift them up for ever.  
Day by day : we magnify thee;  
And we worship thy Name : ever world without end.  
Vouchsafe, O Lord : to keep us this day without sin.  
O Lord, have mercy upon us : have mercy upon us.  
O Lord, let thy mercy lighten upon us : as our trust is in thee.  
O Lord, in thee have I trusted : let me never be confounded.

*Any intercessions follow and a period of silence*

+ The grace of our Lord Jesus Christ, and the love of God, and the fellowship of the Holy Ghost, be with us all evermore.  
Amen.