



The Parish Churches of S Philip
and S Augustine and S Matthew
with S Mary the Virgin Newcastle

Liturgy of the
Word and
Spiritual
Communion for
Saint Mark's
Day

Notes

This service is intended for use on Sundays and some feast days. It is a version of the Liturgy of the Word, which turns on the Our Father into an act of spiritual communion, undertaken in the words of the Anima Christi.

The bulk of the service inheres in the readings and the intercessions. These will be sent out each week.

The Te Deum is included at the end, since it is said at the end of the Office on Sundays outside Lent and Advent. I have used the Tudor version, since the words have a greater umph.

+ In the Name of the Father and of the Son and of the Holy Spirit. Amen.

Jesus said to His Apostles, "You are my friends if you obey my commands." Let us now confess our disobedience to Him.

We are often slow to follow the example of Christ: Kyrie eleison.

We often fail to be known as Christ's disciples: Christe eleison.

We often fail to walk the way of the Cross: Kyrie eleison.

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Almighty God, have mercy upon us, forgive us our sins and bring us to life eternal; through Jesus Christ our Lord. Amen.

Glory be to God on high.
And in earth peace, goodwill towards men.
We praise Thee, we bless Thee,
we worship Thee, we glorify Thee,
we give thanks to Thee for Thy great glory,
O Lord God, heavenly King,
God the Father almighty.
O Lord, the only-begotten Son, Jesus Christ:
O Lord God, Lamb of God, Son of the Father,
that takest away the sins of the world,
have mercy upon us.
Thou that takest away the sins of the world,
receive our prayer.
Thou that sittest at the right
hand of God the Father, have mercy upon us.
For Thou only art holy, Thou only art the Lord;
Thou only, O Christ, with the Holy Ghost,
art most high,
+ in the glory of God the Father. Amen.

Let us pray:

Almighty God, Who enlightened Your holy Church through the inspired witness of Your Evangelist Saint Mark: grant that we, being firmly grounded in the Truth of the Gospel, may be faithful to her teaching both in word and deed; through Jesus Christ, Your Son, Jesus Christ, Who lives with You in the unity of the Holy Spirit, God, throughout all ages, world without end. Amen.

A Reading from the former Epistle General of Saint Peter.

Clothe yourselves, all of you, with humility toward one another, for "God opposes the proud, but gives grace to the humble." Humble yourselves therefore under the mighty hand of God, that in due time he may exalt you. Cast all your anxieties on him, for he cares about you. Be sober, be watchful. Your adversary the devil prowls around like a roaring lion, seeking some one to devour. Resist him, firm in your faith, knowing that the same experience of suffering is required of your brotherhood throughout the world. And after you have suffered a little while, the God of all grace, who has called you to his eternal glory in Christ, will himself restore, establish, and strengthen you. To him be the dominion for ever and ever. Amen. By Silva'nus, a faithful brother as I regard him, I have written briefly to you, exhorting and declaring that this is the true grace of God; stand fast in it. She who is at Babylon, who is likewise chosen, sends you greetings; and so does my son Mark. Greet one another with the kiss of love. Peace to all of you that are in Christ.

My song shall be always of the loving-kindness of the
Lord: ♦ with my mouth will I proclaim your faithfulness
throughout all generations.
I will declare that your love is established for ever; ♦ you
have set your faithfulness as firm as the heavens.
The heavens praise your wonders, O Lord, ♦ and your
faithfulness in the assembly of the holy ones;
For who among the clouds can be compared to the Lord? ♦
Who is like the Lord among the host of heaven?
Happy are the people who know the shout of triumph: ♦
they walk, O Lord, in the light of your countenance.
In your name they rejoice all the day long ♦ and are
exalted in your righteousness.

A Reading from the Gospel according to Saint Mark.

Jesus said to the Eleven, "Go into all the world and preach the gospel to the whole creation. He who believes and is baptized will be saved; but he who does not believe will be condemned. And these signs will accompany those who believe: in my name they will cast out demons; they will speak in new tongues; they will pick up serpents, and if they drink any deadly thing, it will not hurt them; they will lay their hands on the sick, and they will recover." So then the Lord Jesus, after he had spoken to them, was taken up into heaven, and sat down at the right hand of God. And they went forth and preached everywhere, while the Lord worked with them and confirmed the message by the signs that attended it. Amen.

The Intercessions follow; these will include petitions from the weekly cycle; and may include the Covid 19 prayer in the notes; at the end:

These and the prayers of my Christian community I lay before God in union with our Lady, Saint John the Baptist, Saint Matthew, Saint Philip, Saint Augustine and all the saints:

Our Father, Who art in Heaven, hallowed by Thy Name; Thy Kingdom come, Thy Will be done on earth as it is in Heaven. Give us this day our daily bread and forgive us our trespasses as we forgive those who trespass against us; and lead us not into temptation, but deliver us from evil. For Thine is the Kingdom, the power and the glory for ever and ever. Amen.

O Lamb of God, that takest away the sins of the world, have mercy upon us.

O Lamb of God, that takest away the sins of the world, have mercy upon us.

O Lamb of God, that takest away the sins of the world, grant us Thy peace.

In place of receiving Holy Communion, you should use this prayer

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Soul of Christ, sanctify me;

Body of Christ, save me;

Blood of Christ, refresh me;

Water from the side of Christ, wash me.

Passion of Christ, strengthen me.

O good Jesu, hear me.

Within Thy wounds, hide me.

Do not permit me to be separated from Thee;

From the malicious enemy defend me,

In the hour of my death call me

And bid me come to Thee,

That with Thy saints I may praise Thee;

For ever and ever. Amen.

It is appropriate that a time of reflexion follows. If, like the Vicar, you have a mind that easily lured by the frivolous and ephemeral, you might use the following to help stay on task:

When he received the Spirit's grace from Heaven's heights, he did rend apart the webs of the philosophers; and on catching all of the nations in his net, the all-lauded Mark, didst offer them to his Lord, by preaching the Gospel of divine renown.

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The lion-faced, he told abroad / The strength of love, the trength
of faith; / He showed th' almighty Son of God, / The Man divine
Who won by Death. // O Lion of the royal tribe, / Strong Son of
God, and strong to save, / All power and honour we ascribe / To
Thee Who only makest brave.

For strength to love, for will to speak, / For fiery crowns by
martyrs won, / For suffering patience, strong and meek, / We
praise Thee, Lord, and Thee alone.

When he received the Spirit's grace from Heaven's heights, he
did rend apart the webs of the philosophers; and on catching all
of the nations in his net, the all-lauded Mark, didst offer them to
his Lord, by preaching the Gospel of divine renown.

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Lord God, the Source of Truth and love, keep us faithful to the
Apostles' teaching and fellowship, united in prayer and the
breaking of bread, and one in joy and simplicity of heart, in
Jesus Christ our Lord. Amen.

WE praise thee, O God : we acknowledge thee to be the Lord.
All the earth doth worship thee : the Father everlasting.
To thee all Angels cry aloud : the heavens, and all the powers
therein.
To thee Cherubin and Seraphin : continually do cry,
Holy, Holy, Holy : Lord God of Sabaoth;
Heaven and earth are full of the Majesty : of thy glory.
The glorious company of the Apostles : praise thee.
The goodly fellowship of the Prophets : praise thee.
The noble army of Martyrs : praise thee.

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The holy Church throughout all the world : doth acknowledge thee;

The Father : of an infinite Majesty;

Thine honourable, true : and only Son;

Also the Holy Ghost : the Comforter.

Thou art the King of Glory : O Christ.

Thou art the everlasting Son : of the Father.

When thou tookest upon thee to deliver man : thou didst not abhor the Virgin's womb.

When thou hadst overcome the sharpness of death : thou didst open the kingdom of heaven to all believers.

Thou sittest at the right hand of God : in the glory of the Father.

We believe that thou shalt come : to be our Judge.

We therefore pray thee, help thy servants : whom thou hast redeemed with thy precious blood.

Make them to be numbered with thy Saints : in glory everlasting.

O Lord, save thy people : and bless thine heritage.

Govern them : and lift them up for ever.

Day by day : we magnify thee;

And we worship thy Name : ever world without end.

Vouchsafe, O Lord : to keep us this day without sin.

O Lord, have mercy upon us : have mercy upon us.

O Lord, let thy mercy lighten upon us : as our trust is in thee.

O Lord, in thee have I trusted : let me never be confounded.

+ The Grace of our Lord Jesus Christ and the love of God and the fellowship of the Holy Spirit be with us all, evermore.
Amen.