

Psalms, readings and collect

Date: 1st September – Sunday XXII/Trinity XIV

Obviously on Sundays, people will use the Act of Spiritual Communion; but for those who wish to say an evening office, provision is included here.

Office

Office hymn:

O Trinity of bless-ed light,
O Unity of primal might,
The fiery Sun now goes His way,
Shed Thou within our hearts Thy ray.

O Trinity, O Unity,
Thou help of man's infirmity,
Protect us through the hours of night,
Who art our everlasting light.

To Thee our morning song of praise,
To Thee our evening prayer we raise,
Thy glory, suppliant, we adore,
For ever and for evermore.

To God the Father, God the Son,
And God the Spirit, Three in One,
Let glory, praise and worship be
From age to age eternally.

Psalm:

(119: 17 - 40) O DO well unto thy servant : that I may live, and keep thy word.
18 Open thou mine eyes : that I may see the wondrous things of thy law.
19 I am a stranger upon earth : O hide not thy commandments from me.
20 My soul breaketh out for the very fervent desire : that it hath always unto thy judgements.
21 Thou hast rebuked the proud : and cursed are they that do err from thy commandments.
22 O turn from me shame and rebuke : for I have kept thy testimonies.
23 Princes also did sit and speak against me : but thy servant is occupied in thy statutes.
24 For thy testimonies are my delight : and my counsellors.
MY soul cleaveth to the dust : O quicken thou me, according to thy word.
26 I have acknowledged my ways, and thou heardest me : O teach me thy statutes.
27 Make me to understand the way of thy commandments : and so shall I talk of thy wondrous works.
28 My soul melteth away for very heaviness : comfort thou me according unto thy word.
29 Take from me the way of lying : and cause thou me to make much of thy law.
30 I have chosen the way of truth : and thy judgements have I laid before me.
31 I have stuck unto thy testimonies : O Lord, confound me not.
32 I will run the way of thy commandments : when thou hast set my heart at liberty.
TEACH me, O Lord, the way of thy statutes : and I shall keep it unto the end.
34 Give me understanding, and I shall keep thy law : yea, I shall keep it with my whole heart.
35 Make me to go in the path of thy commandments : for therein is my desire.
36 Incline my heart unto thy testimonies : and not to covetousness.
37 O turn away mine eyes, lest they behold vanity : and quicken thou me in thy way.
38 O stablish thy word in thy servant : that I may fear thee.
39 Take away the rebuke that I am afraid of : for thy judgements are good.

40 Behold, my delight is in thy commandments : O quicken me in thy righteousness.
Glory be to the Father and to the Son: and to the Holy Ghost.
As it was in the beginning, is now and ever shall be: world without end. Amen.

Reading:

A Reading from the Book of the Deuteronomy.

Moses said to the people, "And now, O Israel, give heed to the statutes and the ordinances which I teach you, and do them; that you may live, and go in and take possession of the land which the LORD, the God of your fathers, gives you. You shall not add to the word which I command you, nor take from it; that you may keep the commandments of the LORD your God which I command you. Keep them and do them; for that will be your wisdom and your understanding in the sight of the peoples, who, when they hear all these statutes, will say, 'Surely this great nation is a wise and understanding people.' For what great nation is there that has a god so near to it as the LORD our God is to us, whenever we call upon him? And what great nation is there, that has statutes and ordinances so righteous as all this law which I set before you this day?"

Responsory:

Let my prayer rise before Thee like incense.
[Let my prayer rise before Thee like incense.](#)
The raising of my hands as an evening sacrifice.
[Let my prayer rise before Thee like incense.](#)
Glory be to the Father and to the Son: and to the Holy Ghost.
Let my prayer rise before Thee like incense.

Magnificat antiphon:

God hath holpen Israel His servant, as He promised to Abraham and his seed for ever.

Collect of the day:

Almighty and everlasting God, give unto us the increase of faith, hope and charity; and, that we may obtain that which Thou dost promise, make us to love that which Thou dost command; through Jesus Christ our Lord, Who liveth and reigneth with Thee in the unity of the Holy Ghost, God, throughout all ages world without end. Amen.

Act of Spiritual Communion

Collect:

Father of light, Giver of every good and perfect gift, bring to fruition the Word of Truth sown in our hearts by Your Son, that we may rightly understand Your commandments, live Your Law of love and so offer You worship that is pure and undefiled; in and through Jesus Christ, Your Son our Lord, Who is alive and reigns with You and the Holy Spirit, God, throughout all ages world without end. Amen.

First Reading:

A Reading from the Epistle General of Saint James.

Every good endowment and every perfect gift is from above, coming down from the Father of lights with whom there is no variation or shadow due to change. Of his own will he brought us forth by the word of truth that we should be a kind of first fruits of his creatures. Therefore put away all filthiness and rank growth of wickedness and receive with meekness the implanted word, which is able to save your souls. But be doers of the word, and not hearers only, deceiving yourselves. Religion that is pure and undefiled before God and the Father is this: to visit orphans and widows in their affliction, and to keep oneself unstained from the world.

Psalm:

Lord, who may dwell in your tabernacle? ♦ Who may rest upon your holy hill?
Whoever leads an uncorrupt life ♦ and does the thing that is right;
Who speaks the truth from the heart ♦ and bears no deceit on the tongue;
Who does no evil to a friend ♦ and pours no scorn on a neighbour;
In whose sight the wicked are not esteemed, ♦ but who honours those who fear the Lord.
Whoever has sworn to a neighbour ♦ and never goes back on that word;
Who does not lend money in hope of gain, ♦ nor takes a bribe against the innocent;
Whoever does these things ♦ shall never fall.

Gospel:

A Reading from the Gospel according to Saint Mark.

When the Pharisees gathered together to him, with some of the scribes, who had come from Jerusalem, they saw that some of his disciples ate with hands defiled, that is, unwashed. (For the Pharisees, and all the Jews, do not eat unless they wash their hands, observing the tradition of the elders; and when they come from the market place, they do not eat unless they purify themselves; and there are many other traditions which they observe, the washing of cups and pots and vessels of bronze.) And the Pharisees and the scribes asked him, "Why do your disciples not live according to the tradition of the elders, but eat with hands defiled?" And he said to them, "Well did Isaiah prophesy of you hypocrites, as it is written, 'This people honours me with their lips, but their heart is far from me; in vain do they worship me, teaching as doctrines the precepts of men.' You leave the commandment of God, and hold fast the tradition of men." And he called the people to him again, and said to them, "Hear me, all of you, and understand: there is nothing outside a man which by going into him can defile him; but the things which come out of a man are what defile him." For from within, out of the heart of man, come evil thoughts, fornication, theft, murder, adultery, coveting, wickedness, deceit, licentiousness, envy, slander, pride, foolishness. All these evil things come from within, and they defile a man."