

Psalsms, readings and collect

Date: 15th February – Sunday VI/Quinquagesima

Obviously on Sundays, people will use the Act of Spiritual Communion; but for those who wish to say an evening office, provision is included here.

Office

Office hymn:

O Trinity of bless-ed light,
O Unity of primal might,
The fiery Sun now goes His way,
Shed Thou within our hearts Thy ray.

To Thee our morning song of praise,
To Thee our evening prayer we raise,
Thy glory, suppliant, we adore,
For ever and for evermore.

O Trinity, O Unity,
Thou help of man's infirmity,
Protect us through the hours of night,
Who art our everlasting light.

To God the Father, God the Son,
And God the Spirit, Three in One,
Let glory, praise and worship be
From age to age eternally.

Psalm:

(72) GIVE the King thy judgements, O God : and thy righteousness unto the King's son.
2 Then shall he judge thy people according unto right : and defend the poor.
3 The mountains also shall bring peace : and the little hills righteousness unto the people.
4 He shall keep the simple folk by their right : defend the children of the poor, and punish the wrong-doer.
5 They shall fear thee, as long as the sun and moon endureth : from one generation to another.
6 He shall come down like the rain into a fleece of wool : even as the drops that water the earth.
7 In his time shall the righteous flourish : yea, and abundance of peace, so long as the moon endureth.
8 His dominion shall be also from the one sea to the other : and from the flood unto the world's end.
9 They that dwell in the wilderness shall kneel before him : his enemies shall lick the dust.
10 The kings of Tharsis and of the isles shall give presents : the kings of Arabia and Saba shall bring gifts.
11 All kings shall fall down before him : all nations shall do him service.
12 For he shall deliver the poor when he crieth : the needy also, and him that hath no helper.
13 He shall be favourable to the simple and needy : and shall preserve the souls of the poor.
14 He shall deliver their souls from falsehood and wrong : and dear shall their blood be in his sight.
15 He shall live, and unto him shall be given of the gold of Arabia : prayer shall be made ever unto him, and daily shall he be praised.
16 There shall be an heap of corn in the earth, high upon the hills : his fruit shall shake like

Libanus, and shall be green in the city like grass upon the earth.

17 His Name shall endure for ever; his Name shall remain under the sun among the posterities: which shall be blessed through him; and all the heathen shall praise him.

18 Blessed be the Lord God, even the God of Israel : which only doeth wondrous things;

19 And blessed be the Name of his majesty for ever : and all the earth shall be filled with his majesty. Amen, Amen.

Glory be to the Father and to the Son: and to the Holy Ghost.

As it was in the beginning, is now and ever shall be: world without end. Amen.

Reading:

A Reading from the Book of Ecclesiasticus.

If you will, you can keep the commandments, and to act faithfully is a matter of your own choice. He has placed before you fire and water: stretch out your hand for whichever you wish. Before a man are life and death, and whichever he chooses will be given to him. For great is the wisdom of the Lord; he is mighty in power and sees everything; his eyes are on those who fear him, and he knows every deed of man. He has not commanded any one to be ungodly, and he has not given any one permission to sin.

Responsory:

Let my prayer rise before Thee like incense.

[Let my prayer rise before Thee like incense.](#)

The raising of my hands as an evening sacrifice.

[Let my prayer rise before Thee like incense.](#)

Glory be to the Father and to the Son: and to the Holy Ghost.

Let my prayer rise before Thee like incense.

Magnificat antiphon:

God hath holpen Israel His servant, as He promised to Abraham and his seed for ever.

Collect of the day:

O Lord, Who has taught us that all our doings without charity are nothing worth: Send Thy Holy Ghost and pour into our hearts that most excellent gift of charity, the very bond of peace and of all virtues, without which whosoever liveth is counted dead before Thee; Grant this for Thine only Son Jesus Christ's sake, Who liveth and reigneth with Thee in the unity of the Holy Ghost, God, throughout all ages world without end. Amen.

Act of Spiritual Communion

Collect:

All-seeing God, You alone judge rightly our inmost thoughts. Teach us to observe Your Law from the heart even as we keep it outwardly. Purify our desires, calm every anger and reconcile us to one another. Then will our worship at Your Altar render You perfect praise; through Jesus Christ, Your Son our Lord, Who is alive and reigns with You and the Holy Spirit, God, throughout all ages world without end. Amen.

First Reading:

A Reading from the former Letter of Saint Paul to the Church in Corinth.

Among the mature we do impart wisdom, although it is not a wisdom of this age or of the rulers of this age, who are doomed to pass away. But we impart a secret and hidden wisdom of God, which God decreed before the ages for our glorification. None of the rulers of this age understood this; for if they had, they would not have crucified the Lord of glory. But, as it is written, "What no eye has seen, nor ear heard, nor the heart of man conceived, what God has prepared for those who love him," God has revealed to us through the Spirit. For the Spirit searches everything, even the depths of God.

Psalm:

Blessed are those whose way is pure, ♦ who walk in the law of the Lord.
Blessed are those who keep his testimonies ♦ and seek him with their whole heart,
You, O Lord, have charged ♦ that we should diligently keep your commandments.
O that my ways were made so direct ♦ that I might keep your statutes.
O do good to your servant that I may live, ♦ and so shall I keep your word.
Open my eyes, that I may see ♦ the wonders of your law.
Teach me, O Lord, the way of your statutes ♦ and I shall keep it to the end.
Give me understanding and I shall keep your law; ♦ I shall keep it
with my whole heart.

Gospel:

A Reading from the Gospel according to Saint Matthew.

Jesus said to His disciples, "I tell you, unless your righteousness exceeds that of the scribes and Pharisees, you will never enter the kingdom of heaven. "You have heard that it was said to the men of old, 'You shall not kill; and whoever kills shall be liable to judgment.' But I say to you that every one who is angry with his brother shall be liable to judgment; whoever insults his brother shall be liable to the council, and whoever says, 'You fool!' shall be liable to the hell of fire. "You have heard that it was said, 'You shall not commit adultery.' But I say to you that every one who looks at a woman lustfully has already committed adultery with her in his heart. adultery. "Again you have heard that it was said to the men of old, 'You shall not swear falsely, but shall perform to the Lord what you have sworn.' But I say to you, Do not swear at all, either by heaven, for it is the throne of God, Let what you say be simply 'Yes' or 'No'; anything more than this comes from evil.