

Psalms, readings and collect

Date: 30th August – Sunday XXII/Trinity XIII

Week 2

Obviously on Sundays, people will use the Act of Spiritual Communion; but for those who wish to say an evening office, provision is included here.

Office

Office hymn:

O Trinity of bless-ed light,
O Unity of primal might,
The fiery Sun now goes His way,
Shed Thou within our hearts Thy ray.

O Trinity, O Unity,
Thou help of man's infirmity,
Protect us through the hours of night,
Who art our everlasting light.

To Thee our morning song of praise,
To Thee our evening prayer we raise,
Thy glory, suppliant, we adore,
For ever and for evermore.

To God the Father, God the Son,
And God the Spirit, Three in One,
Let glory, praise and worship be
From age to age eternally.

Psalm:

(107: 1 - 32) O GIVE thanks unto the Lord, for he is gracious : and his mercy endureth for ever.

2 Let them give thanks whom the Lord hath redeemed : and delivered from the hand of the enemy;

3 And gathered them out of the lands, from the east and from the west : from the north and from the south.

4 They went astray in the wilderness out of the way : and found no city to dwell in;

5 Hungry and thirsty : their soul fainted in them.

6 So they cried unto the Lord in their trouble : and he delivered them from their distress.

7 He led them forth by the right way : that they might go to the city where they dwelt.

8 O that men would therefore praise the Lord for his goodness : and declare the wonders that he doeth for the children of men!

9 For he satisfieth the empty soul : and filleth the hungry soul with goodness.

10 Such as sit in darkness, and in the shadow of death : being fast bound in misery and iron;

11 Because they rebelled against the words of the Lord : and lightly regarded the counsel of the most Highest;

12 He also brought down their heart through heaviness : they fell down, and there was none to help them.

13 So when they cried unto the Lord in their trouble : he delivered them out of their distress.

14 For he brought them out of darkness, and out of the shadow of death : and brake their bonds in sunder.

15 O that men would therefore praise the Lord for his goodness : and declare the wonders that he doeth for the children of men!

16 For he hath broken the gates of brass : and smitten the bars of iron in sunder.

17 Foolish men are plagued for their offence : and because of their wickedness.
18 Their soul abhorred all manner of meat : and they were even hard at death's door.
19 So when they cried unto the Lord in their trouble : he delivered them out of their distress.
20 He sent his word, and healed them : and they were saved from their destruction.
21 O that men would therefore praise the Lord for his goodness : and declare the wonders that he doeth for the children of men!
22 That they would offer unto him the sacrifice of thanksgiving : and tell out his works with gladness!
23 They that go down to the sea in ships : and occupy their business in great waters;
24 These men see the works of the Lord : and his wonders in the deep.
25 For at his word the stormy wind ariseth : which lifteth up the waves thereof.
26 They are carried up to the heaven, and down again to the deep : their soul melteth away because of the trouble.
27 They reel to and fro, and stagger like a drunken man : and are at their wits' end.
28 So when they cry unto the Lord in their trouble : he delivereth them out of their distress.
29 For he maketh the storm to cease : so that the waves thereof are still.
30 Then are they glad, because they are at rest : and so he bringeth them unto the haven where they would be.
31 O that men would therefore praise the Lord for his goodness : and declare the wonders that he doeth for the children of men!
32 That they would exalt him also in the congregation of the people : and praise him in the seat of the elders!
Glory be to the Father and to the Son: and to the Holy Ghost.
As it was in the beginning, is now and ever shall be: world without end. Amen.

Reading:

A Reading from the Book of the Prophet Jeremiah.

O LORD, thou hast deceived me, and I was deceived; thou art stronger than I, and thou hast prevailed. I have become a laughingstock all the day; every one mocks me. For whenever I speak, I cry out, I shout, "Violence and destruction!" For the word of the LORD has become for me a reproach and derision all day long. If I say, "I will not mention him, or speak any more in his name," there is in my heart as it were a burning fire shut up in my bones, and I am weary with holding it in, and I cannot.

Responsory:

Let my prayer rise before Thee like incense.
[Let my prayer rise before Thee like incense.](#)
The raising of my hands as an evening sacrifice.
[Let my prayer rise before Thee like incense.](#)
Glory be to the Father and to the Son: and to the Holy Ghost.
Let my prayer rise before Thee like incense.

Magnificat antiphon:

God hath holpen Israel His servant, as He promised to Abraham and his seed for ever.

Collect of the day:

Almighty and merciful God, of Whose only gift it cometh that Thy faithful people do unto Thee true and laudable service: Grant, we beseech Thee, that we may so faithfully serve Thee in this life, that we fail not finally to attain Thy heavenly promises: through the merits of Jesus Christ our Lord, Who liveth and reigneth with Thee in the unity of the Holy Ghost, God, throughout all ages world without end. Amen.

Act of Spiritual Communion

Collect:

O God, Who alone can satisfy our deepest hungers, protect us from the lure of wealth and power; move our hearts to seek first Your Kingdom, that ours may be the security and joy of those who place their trust in You; in and through Jesus Christ, Your Son our Lord, Who is alive and reigns with You and the Holy Spirit, God, throughout all ages world without end. Amen.

First Reading:

A Reading from the Letter of Saint Paul to the Church in Rome.

I appeal to you therefore, brethren, by the mercies of God, to present your bodies as a living sacrifice, holy and acceptable to God, which is your spiritual worship. Do not be conformed to this world but be transformed by the renewal of your mind, that you may prove what is the will of God, what is good and acceptable and perfect.

Psalm:

O God, you are my God; eagerly I seek you; ♦ my soul is athirst for you.
My flesh also faints for you, ♦ as in a dry and thirsty land where there is no water.
So would I gaze upon you in your holy place, ♦ that I might behold your power and your glory.
Your loving-kindness is better than life itself ♦ and so my lips shall praise you.
I will bless you as long as I live ♦ and lift up my hands in your name.
My soul shall be satisfied, as with marrow and fatness, ♦ and my mouth shall praise you with joyful lips,
For you have been my helper ♦ and under the shadow of your wings will I rejoice.
My soul clings to you; ♦ your right hand shall hold me fast.

Gospel:

A Reading from the Gospel according to Saint Matthew.

Jesus began to show his disciples that he must go to Jerusalem and suffer many things from the elders and chief priests and scribes, and be killed, and on the third day be raised. And Peter took him and began to rebuke him, saying, "God forbid, Lord! This shall never happen to you." But he turned and said to Peter, "Get behind me, Satan! You are a hindrance to me; for you are not on the side of God, but of men." Then Jesus told his disciples, "If any man would come after me, let him deny himself and take up his cross and follow me. For

whoever would save his life will lose it, and whoever loses his life for my sake will find it. For what will it profit a man, if he gains the whole world and forfeits his life? Or what shall a man give in return for his life? For the Son of man is to come with his angels in the glory of his Father, and then he will repay every man for what he has done.