

# **Psalms, readings and collect**

**Date:** 7<sup>th</sup> June – Sunday X/Trinity I

*Obviously on Sundays, people will use the Act of Spiritual Communion; but for those who wish to say an evening office, provision is included here.*

## **Office**

### **Office hymn:**

O Trinity of bless-ed light,  
O Unity of primal might,  
The fiery Sun now goes His way,  
Shed Thou within our hearts Thy ray.

O Trinity, O Unity,  
Thou help of man's infirmity,  
Protect us through the hours of night,  
Who art our everlasting light.

To Thee our morning song of praise,  
To Thee our evening prayer we raise,  
Thy glory, suppliant, we adore,  
For ever and for evermore.

To God the Father, God the Son,  
And God the Spirit, Three in One,  
Let glory, praise and worship be  
From age to age eternally.

### **Psalm:**

(38) PUT me not to rebuke, O Lord, in thine anger : neither chasten me in thy heavy displeasure.

2 For thine arrows stick fast in me : and thy hand presseth me sore.

3 There is no health in my flesh, because of thy displeasure : neither is there any rest in my bones, by reason of my sin.

4 For my wickednesses are gone over my head : and are like a sore burden, too heavy for me to bear.

5 My wounds stink, and are corrupt : through my foolishness.

6 I am brought into so great trouble and misery : that I go mourning all the day long.

7 For my loins are filled with a sore disease : and there is no whole part in my body.

8 I am feeble, and sore smitten : I have roared for the very disquietness of my heart.

9 Lord, thou knowest all my desire : and my groaning is not hid from thee.

10 My heart panteth, my strength hath failed me : and the sight of mine eyes is gone from me.

11 My lovers and my neighbours did stand looking upon my trouble : and my kinsmen stood afar off.

12 They also that sought after my life laid snares for me : and they that went about to do me evil talked of wickedness, and imagined deceit all the day long.

13 As for me, I was like a deaf man, and heard not: and as one that is dumb, who doth not open his mouth.

14 I became even as a man that heareth not : and in whose mouth are no reproofs.

15 For in thee, O Lord, have I put my trust : thou shalt answer for me, O Lord my God.

16 I have required that they, even mine enemies, should not triumph over me : for when my foot slipped, they rejoiced greatly against me.

17 And I, truly, am set in the plague : and my heaviness is ever in my sight.

18 For I will confess my wickedness : and be sorry for my sin.

19 But mine enemies live, and are mighty : and they that hate me wrongfully are many in number.

20 They also that reward evil for good are against me : because I follow the thing that good is.

21 Forsake me not, O Lord my God : be not thou far from me.

22 Haste thee to help me : O Lord God of my salvation.

Glory be to the Father and to the Son: and to the Holy Ghost.

As it was in the beginning, is now and ever shall be: world without end. Amen.

### **Reading:**

A Reading from the Book of the Prophet Hosea.

Let us know, let us press on to know the LORD; his going forth is sure as the dawn; he will come to us as the showers, as the spring rains that water the earth." What shall I do with you, O E'phraim? What shall I do with you, O Judah? Your love is like a morning cloud, like the dew that goes early away. Therefore I have hewn them by the prophets, I have slain them by the words of my mouth, and my judgment goes forth as the light. For I desire steadfast love and not sacrifice, the knowledge of God, rather than burnt offerings.

### **Responsory:**

Let my prayer rise before Thee like incense.

[Let my prayer rise before Thee like incense.](#)

The raising of my hands as an evening sacrifice.

[Let my prayer rise before Thee like incense.](#)

Glory be to the Father and to the Son: and to the Holy Ghost.

Let my prayer rise before Thee like incense.

### **Magnificat antiphon:**

God hath holpen Israel His servant, as He promised to Abraham and his seed for ever.

### **Collect of the day:**

O God, the strength of all them that put their trust in Thee, mercifully accept our prayers; and because through the weakness of our mortal nature we can do no good thing without Thee, grant us the help of Thy grace, that in keeping of Thy commandments we may please Thee both in will and deed; through Jesus Christ our Lord, Who liveth and reigneth with Thee in the unity of the Holy Ghost, God, throughout all ages world without end. Amen.

## **Act of Spiritual Communion**

### **Collect:**

O God, Whose judgement shines like the light of day, You invite sinners and outcasts to the banquet of Salvation. Heal our pride and self-righteousness as You send down upon us the gentle rain of Your mercy; in and through Jesus Christ, Your Son our Lord, Who is alive and reigns with You and the Holy Spirit, God, throughout all ages world without end. Amen.

### **First Reading:**

A Reading from the former Letter of Saint Paul to the Church in Rome.

In hope Abraham believed against hope, that he should become the father of many nations; as he had been told, "So shall your descendants be." He did not weaken in faith when he considered his own body, which was as good as dead because he was about a hundred years old, or when he considered the barrenness of Sarah's womb. No distrust made him waver concerning the promise of God, but he grew strong in his faith as he gave glory to God, fully convinced that God was able to do what he had promised. That is why his faith was "reckoned to him as righteousness." But the words, "it was reckoned to him," were written not for his sake alone, but for ours also. It will be reckoned to us who believe in him that raised from the dead Jesus our Lord, who was put to death for our trespasses and raised for our justification.

### **Psalm:**

The Lord, the most mighty God, has spoken ♦ and called the world from the rising of the sun to its setting.

‘I will not reprove you for your sacrifices, ♦ for your burnt offerings are always before me.

‘If I were hungry, I would not tell you, ♦ for the whole world is mine and all that fills it.

‘Do you think I eat the flesh of bulls, ♦ or drink the blood of goats?

‘Offer to God a sacrifice of thanksgiving ♦ and fulfil your vows to God Most High.

‘Call upon me in the day of trouble; ♦ I will deliver you and you shall honour me; and to those who keep my way ♦ will I show the salvation of God.’

### **Gospel:**

A Reading from the Gospel according to Saint Matthew.

As Jesus passed on from there, he saw a man called Matthew sitting at the tax office; and he said to him, "Follow me." And he rose and followed him. And as he sat at table in the house, behold, many tax collectors and sinners came and sat down with Jesus and his disciples. And when the Pharisees saw this, they said to his disciples, "Why does your teacher eat with tax collectors and sinners?" But when he heard it, he said, "Those who are well have no need of a physician, but those who are sick. Go and learn what this means, 'I desire mercy, and not sacrifice.' For I came not to call the righteous, but sinners."