

Psalms, readings and collect

Date: 9th August - Sunday XIX/Trinity X

Obviously on Sundays, people will use the Act of Spiritual Communion; but for those who wish to say an evening office, provision is included here.

Office

Office hymn:

O God, creation's secret force,
Thyself unmoved, all motion's source,
Who from the morn till evening ray
Through all its changes guid'st the day:

O Father, that we ask be done,
Through Jesus Christ, Thine only Son;
Who, with the Holy Ghost and Thee,
Doth live and reign eternally.

Grant us, when this short life is past,
The glorious evening that shall last;
That, by a holy death attained,
Eternal glory may be gained.

Psalm:

(88) O LORD God of my salvation, I have cried day and night before thee : O let my prayer enter into thy presence, incline thine ear unto my calling.

2 For my soul is full of trouble : and my life draweth nigh unto hell.

3 I am counted as one of them that go down into the pit : and I have been even as a man that hath no strength.

4 Free among the dead, like unto them that are wounded, and lie in the grave : who are out of remembrance, and are cut away from thy hand.

5 Thou hast laid me in the lowest pit : in a place of darkness, and in the deep.

6 Thine indignation lieth hard upon me : and thou hast vexed me with all thy storms.

7 Thou hast put away mine acquaintance far from me : and made me to be abhorred of them.

8 I am so fast in prison : that I cannot get forth.

9 My sight faileth for very trouble : Lord, I have called daily upon thee, I have stretched forth my hands unto thee.

10 Dost thou shew wonders among the dead : or shall the dead rise up again, and praise thee?

11 Shall thy loving-kindness be shewed in the grave : or thy faithfulness in destruction?

12 Shall thy wondrous works be known in the dark : and thy righteousness in the land where all things are forgotten?

13 Unto thee have I cried, O Lord : and early shall my prayer come before thee.

14 Lord, why abhorrest thou my soul : and hidest thou thy face from me?

15 I am in misery, and like unto him that is at the point to die : even from my youth up thy terrors have I suffered with a troubled mind.

16 Thy wrathful displeasure goeth over me : and the fear of thee hath undone me.

17 They came round about me daily like water : and compassed me together on every side.

18 My lovers and friends hast thou put away from me : and hid mine acquaintance out of my sight.

Glory be to the Father and to the Son: and to the Holy Ghost.

As it was in the beginning, is now and ever shall be: world without end. Amen.

Reading:

A Reading from the former Book of the Kings.

Elijah came to a cave, and lodged there; and behold, the word of the LORD came to him, and he said to him, "Go forth, and stand upon the mount before the LORD." And behold, the LORD passed by, and a great and strong wind rent the mountains, and broke in pieces the rocks before the LORD, but the LORD was not in the wind; and after the wind an earthquake, but the LORD was not in the earthquake; and after the earthquake a fire, but the LORD was not in the fire; and after the fire a still small voice. And when Eli'jah heard it, he wrapped his face in his mantle and went out and stood at the entrance of the cave.

Responsory:

I shall proclaim Thy righteousness in the great assembly.

[I shall proclaim Thy righteousness in the great assembly.](#)

I shall not restrain my lips.

[I shall proclaim Thy righteousness in the great assembly.](#)

Glory be to the Father and to the Son: and to the Holy Ghost.

I shall proclaim Thy righteousness in the great assembly.

Magnificat antiphon:

All wisdom proceedeth from the Lord, and was with Him for all time and is before the ages.

Collect of the day:

Let Thy merciful ears, O Lord, be open to the prayers of Thy humble servants; and that they may obtain their petitions make them to ask such things as shall please Thee; through Jesus Christ our Lord, Who liveth and reigneth with Thee in the unity of the Holy Ghost, God, throughout all ages world without end. Amen.

Act of Spiritual Communion

Collect:

God of all power, Your Sovereign Word comes to us in Christ. When Your Church is in danger, make firm our trust; when Your people falter, steady our faith. Show us in Jesus Your power to save, that we may always acclaim Him as Lord, Who is alive and reigns with You and the Holy Spirit, God, throughout all ages world without end. Amen.

First Reading:

A Reading from the Letter of Saint Paul to the Church in Rome.

I am speaking the truth in Christ, I am not lying; my conscience bears me witness in the Holy Spirit, that I have great sorrow and unceasing anguish in my heart. For I could wish that I myself were accursed and cut off from Christ for the sake of my brethren, my kinsmen by race. They are Israelites, and to them belong the sonship, the glory, the covenants, the giving of the law, the worship, and the promises; to them belong the patriarchs, and of their race, according to the flesh, is the Christ. God who is over all be blessed for ever. Amen.

Psalm:

Show us your mercy, O Lord, ♦ and grant us your salvation.

I will listen to what the Lord God will say, ♦ for he shall speak peace to his people and to the faithful, that they turn not again to folly.

Truly, his salvation is near to those who fear him, ♦ that his glory may dwell in our land.

Mercy and truth are met together, ♦ righteousness and peace have kissed each other;

Truth shall spring up from the earth ♦ and righteousness look down from heaven.

The Lord will indeed give all that is good, ♦ and our land will yield its increase.

Righteousness shall go before him ♦ and direct his steps in the way.

Gospel:

A Reading from the Gospel according to Saint Matthew.

Jesus made the disciples get into the boat and go before him to the other side, while he dismissed the crowds. And after he had dismissed the crowds, he went up on the mountain by himself to pray. When evening came, he was there alone, but the boat by this time was many furlongs distant from the land, beaten by the waves; for the wind was against them. And in the fourth watch of the night he came to them, walking on the sea. But when the disciples saw him walking on the sea, they were terrified, saying, "It is a ghost!" And they cried out for fear. But immediately he spoke to them, saying, "Take heart, it is I; have no fear." And Peter answered him, "Lord, if it is you, bid me come to you on the water." He said, "Come." So Peter got out of the boat and walked on the water and came to Jesus; but when he saw the wind, he was afraid, and beginning to sink he cried out, "Lord, save me." Jesus immediately reached out his hand and caught him, saying to him, "O man of little faith, why did you doubt?" And when they got into the boat, the wind ceased. And those in the boat worshiped him, saying, "Truly you are the Son of God."