

Psalms, readings and collect

Date: 21st June - Sunday XII/Trinity III (Sunday 4)

Obviously on Sundays, people will use the Act of Spiritual Communion; but for those who wish to say an evening office, provision is included here.

Office

Office hymn:

Glory to Thee, my God, this night
For all the blessings of the light;
Keep me, O keep me, King of kings,
Beneath Thy own almighty wings.

O may my soul on Thee repose,
And with sweet sleep my eyelids close,
Sleep that may me more vigorous make
To serve my God when I awake.

Forgive me, Lord, for Thy dear Son,
The ill that I this day have done,
That with the world, myself and Thee,
I, ere I sleep, at peace may be.

Praise God from Whom all blessings flow,
Praise Him all creatures here below,
Praise Him above, ye heavenly host,
Praise Father, Son and Holy Ghost.

Teach me to live, that I may dread
The grave as little as my bed;
Teach me to die, that so I may
Rise glorious at the awful day.

Psalm:

(49) O HEAR ye this, all ye people : ponder it with your ears, all ye that dwell in the world;
2 High and low, rich and poor : one with another.
3 My mouth shall speak of wisdom : and my heart shall muse of understanding.
4 I will incline mine ear to the parable : and shew my dark speech upon the harp.
5 Wherefore should I fear in the days of wickedness : and when the wickedness of my heels compasseth me round about?
6 There be some that put their trust in their goods : and boast themselves in the multitude of their riches.
7 But no man may deliver his brother : nor make agreement unto God for him;
8 For it cost more to redeem their souls : so that he must let that alone for ever;
9 Yea, though he live long : and see not the grave.
10 For he seeth that wise men also die, and perish together : as well as the ignorant and foolish, and leave their riches for other.
11 And yet they think that their houses shall continue for ever : and that their dwelling-places shall endure from one generation to another; and call the lands after their own names.
12 Nevertheless, man will not abide in honour : seeing he may be compared unto the beasts that perish; this is the way of them.
13 This is their foolishness : and their posterity praise their saying.
14 They lie in the hell like sheep, death gnaweth upon them, and the righteous shall have domination over them in the morning : their beauty shall consume in the sepulchre out of their dwelling.

15 But God hath delivered my soul from the place of hell : for he shall receive me.
16 Be not thou afraid, though one be made rich : or if the glory of his house be increased;
17 For he shall carry nothing away with him when he dieth : neither shall his pomp follow him.
18 For while he lived, he counted himself an happy man : and so long as thou doest well unto thyself, men will speak good of thee.
19 He shall follow the generation of his fathers : and shall never see light.
20 Man being in honour hath no understanding: but is compared unto the beasts that perish.
Glory be to the Father and to the Son: and to the Holy Ghost.
As it was in the beginning, is now and ever shall be: world without end. Amen.

Responsory:

Jesus is the Messiah, the radiant Light of God's Glory.
[Jesus is the Messiah, the radiant Light of God's Glory.](#)
He holds all creation together by His Word of power.
[Jesus is the Messiah, the radiant Light of God's Glory.](#)
Glory be to the Father and to the Son: and to the Holy Ghost.
Jesus is the Messiah, the radiant Light of God's Glory.

Reading:

A Reading from the Book of the Prophet Jeremiah.

Jeremiah said, "I hear many whispering. Terror is on every side! "Denounce him! Let us denounce him!" say all my familiar friends, watching for my fall. "Perhaps he will be deceived, then we can overcome him, and take our revenge on him." But the LORD is with me as a dread warrior; therefore my persecutors will tumble, they will not overcome me. They will be greatly shamed, for they will not succeed. Their eternal dishonour will never be forgotten. O LORD of hosts, who triest the righteous, who seest the heart and the mind, let me see thy vengeance upon them, for to thee have I committed my cause. Sing to the LORD; praise the LORD! For he has delivered the life of the needy from the hand of evildoers.

Magnificat antiphon:

Seek ye first the Kingdom of God and His righteousness: and all these things shall be added unto thee.

Collect of the day:

O Lord, we beseech Thee mercifully to hear us; and grant that we, to whom Thou hast given an hearty desire to pray, may by Thy mighty aid be defended and comforted in all dangers and adversities; through Jesus Christ our Lord, Who liveth and reigneth with Thee in the unity of the Holy Ghost, God, throughout all ages world without end. Amen.

Act of Spiritual Communion

Collect:

True and faithful God, You give courage to the fearful and endurance to martyrs. Sustain us as followers of Your Son, Jesus, that with boldness and conviction we may acknowledge Him before the world; in and through Jesus Christ, Who is alive and reigns with You and the Holy Spirit, God, throughout all ages world without end. Amen.

First Reading:

A Reading from the Letter of Saint Paul to the Church in Rome.

As sin came into the world through one man and death through sin, and so death spread to all men because all men sinned -- sin indeed was in the world before the law was given, but sin is not counted where there is no law. Yet death reigned from Adam to Moses, even over those whose sins were not like the transgression of Adam, who was a type of the one who was to come. But the free gift is not like the trespass. For if many died through one man's trespass, much more have the grace of God and the free gift in the grace of that one man Jesus Christ abounded for many.

Psalm:

For your sake have I suffered reproach; ♦ shame has covered my face.
I have become a stranger to my kindred, ♦ an alien to my mother's children.
Zeal for your house has eaten me up; ♦ the scorn of those who scorn you has fallen upon me.
But as for me, I make my prayer to you, O Lord; ♦ at an acceptable time, O God.
Answer me, O God, in the abundance of your mercy ♦ and with your sure salvation.
Answer me, Lord, for your loving-kindness is good; ♦ turn to me in the multitude of your mercies.
The humble shall see and be glad; ♦ you who seek God, your heart shall live.
For the Lord listens to the needy, ♦ and his own who are imprisoned he does not despise.
Let the heavens and the earth praise him, ♦ the seas and all that moves in them.

Gospel:

A Reading from the Gospel according to Saint Matthew.

Jesus instructed the Twelve as follows, "So have no fear of them; for nothing is covered that will not be revealed, or hidden that will not be known. What I tell you in the dark, utter in the light; and what you hear whispered, proclaim upon the housetops. And do not fear those who kill the body but cannot kill the soul; rather fear him who can destroy both soul and body in hell. Are not two sparrows sold for a penny? And not one of them will fall to the ground without your Father's will. But even the hairs of your head are all numbered. Fear not, therefore; you are of more value than many sparrows. So every one who acknowledges me before men, I also will acknowledge before my Father who is in heaven; but whoever denies me before men, I also will deny before my Father who is in heaven.