# Psalms, readings and collect

Date: 21<sup>st</sup> July – Sunday XVI/Trinity VIII

Obviously on Sundays, people will use the Act of Spiritual Communion; but for those who wish to say an evening office, provision is included here.

# **Office**

# Office hymn:

Glory to Thee, my God, this night For all the blessings of the light; Keep me, O keep me, King of kings, Beneath Thy own almighty wings.

Forgive me, Lord, for Thy dear Son, The ill that I this day have done, That with the world, myself and Thee, I, ere I sleep, at peace may be.

Teach me to live, that I may dread The grave as little as my bed; Teach me to die, that so I may Rise glorious at the aweful day. O may my soul on Thee repose, And with sweet sleep my eyelids close, Sleep that may me more vigorous make To serve my God when I awake.

Praise God from Whom all blessings flow, Praise Him all creatures here below, Praise Him above, ye heavenly host, Praise Father, Son and Holy Ghost.

#### **Psalm:**

- (67) GOD be merciful unto us, and bless us: and shew us the light of his countenance, and be merciful unto us:
- 2 That thy way may be known upon earth: thy saving health among all nations.
- 3 Let the people praise thee, O God: yea, let all the people praise thee.
- 4 O let the nations rejoice and be glad: for thou shalt judge the folk righteously, and govern the nations upon earth.
- 5 Let the people praise thee, O God: let all the people praise thee.
- 6 Then shall the earth bring forth her increase: and God, even our own God, shall give us his blessing.
- 7 God shall bless us: and all the ends of the world shall fear him.

Glory be to the Father and to the Son: and to the Holy Ghost.

As it was in the beginning, is now and ever shall be: world without end. Amen.

- (70) HASTE thee, O God, to deliver me: make haste to help me, O Lord.
- 2 Let them be ashamed and confounded that seek after my soul: let them be turned backward and put to confusion that wish me evil.
- 3 Let them for their reward be soon brought to shame: that cry over me, There, there.
- 4 But let all those that seek thee be joyful and glad in thee: and let all such as delight in thy salvation say alway, The Lord be praised.
- 5 As for me, I am poor and in misery: haste thee unto me, O God.
- 6 Thou art my helper and my redeemer: O Lord, make no long tarrying.

Glory be to the Father and to the Son: and to the Holy Ghost.

As it was in the beginning, is now and ever shall be: world without end. Amen.

### **Responsory:**

Jesus is the Messiah, the radiant Light of God's Glory.

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He holds all creation together by His Word of power.

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Glory be to the Father and to the Son: and to the Holy Ghost.

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# **Reading:**

A Reading from the Book of the Prophet Jeremiah.

"Woe to the shepherds who destroy and scatter the sheep of my pasture!" says the LORD. Therefore thus says the LORD, the God of Israel, concerning the shepherds who care for my people: "You have scattered my flock, and have driven them away, and you have not attended to them. Behold, I will attend to you for your evil doings, says the LORD. Then I will gather the remnant of my flock out of all the countries where I have driven them, and I will bring them back to their fold, and they shall be fruitful and multiply. I will set shepherds over them who will care for them, and they shall fear no more, nor be dismayed, neither shall any be missing, says the LORD. "Behold, the days are coming, says the LORD, when I will raise up for David a righteous Branch, and he shall reign as king and deal wisely, and shall execute justice and righteousness in the land. In his days Judah will be saved, and Israel will dwell securely. And this is the name by which he will be called: 'The LORD is our righteousness.'

# Magnificat antiphon:

Seek ye first the Kingdom of God and His righteousness: and all these things shall be added unto thee.

#### Collect of the day:

O God, Whose never-failing providence ordereth all things both in Heaven and earth: we humbly beseech Thee to put away from us all hurtful things, and to give us those things which be profitable for us; through Jesus Christ our Lord, Who liveth and reigneth with Thee in the unity of the Holy Ghost, God, throughout all ages world without end. Amen.

# **Act of Spiritual Communion**

#### **Collect:**

Compassionate God, from far and near You gather Your Church into one. Safeguard the unity of Your flock through the teaching of Christ the Shepherd, that all Your scattered children may find in Him the guidance and nourishment they seek; in and through Jesus Christ, Who is alive and reigns with You and the Holy Spirit, God, throughout all ages world without end. Amen.

# **First Reading:**

A Reading from the Letter to the Church in Ephesus.

In Christ Jesus you who once were far off have been brought near in the blood of Christ. For he is our peace, who has made us both one, and has broken down the dividing wall of hostility, by abolishing in his flesh the law of commandments and ordinances, that he might create in himself one new man in place of the two, so making peace, and might reconcile us both to God in one body through the cross, thereby bringing the hostility to an end. And he came and preached peace to you who were far off and peace to those who were near; for through him we both have access in one Spirit to the Father.

#### **Psalm:**

The Lord is my shepherd; ◆ therefore can I lack nothing.

He makes me lie down in green pastures ◆ and leads me beside still waters.

He shall refresh my soul • and guide me in the paths of righteousness for his name's sake.

Though I walk through the valley of the shadow of death, I will fear no evil; ◆ for you are with me; your rod and your staff, they comfort me.

You spread a table before me in the presence of those who trouble me; ◆ you have anointed my head with oil and my cup shall be full.

Surely goodness and loving mercy shall follow me all the days of my life, • and I will dwell in the house of the Lord for ever.

#### **Gospel:**

A Reading from the Gospel according to Saint Mark.

The apostles returned to Jesus, and told him all that they had done and taught. And he said to them, "Come away by yourselves to a lonely place, and rest a while." For many were coming and going, and they had no leisure even to eat. And they went away in the boat to a lonely place by themselves. Now many saw them going, and knew them, and they ran there on foot from all the towns, and got there ahead of them. As he went ashore he saw a great throng, and he had compassion on them, because they were like sheep without a shepherd; and he began to teach them many things.