

Liturgy of the Word and **Spiritual** Communion for Sunday (4)

Notes

This service is intended for use on Sundays and some feast days. It is a version of the Liturgy of the Word, which turns on the Our Father into an act of spiritual communion, undertaken in the words of the *Anima Christi*.

The bulk of the service inheres in the readings and the intercessions. These will be sent out each week.

The Te Deum is included at the end, since it is said at the end of the Office on Sundays outside Lent and Advent. I have used the Tudor version, since the words have a greater umph. + In the Name of the Father and of the Son and of the Holy Spirit. Amen.

We should confess our sins in penitence and Faith, firmly resolved to keep God's commandments and live in love and peace with all:

We have sinned through our thoughts and through our thoughtlessness: Kyrie eleison.

We have sinned through our words and through our silence: Christe eleison.

We have sinned through our deeds and through our inaction: Kyrie eleison.

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Almighty God, have mercy upon us, forgive us our sins and bring us to life eternal; through Jesus Christ our Lord. Amen.

Glory be to God on high. And in earth peace, goodwill towards men. We praise Thee, we bless Thee, we worship Thee, we glorify Thee, we give thanks to Thee for Thy great glory, O Lord God, heavenly King, God the Father almighty. O Lord, the only-begotten Son, Jesus Christ: O Lord God, Lamb of God, Son of the Father, that takest away the sins of the world, have mercy upon us. Thou that takest away the sins of the world, receive our prayer. Thou that sittest at the right hand of God the Father, have mercy upon us. For Thou only art holy, Thou only art the Lord; Thou only, O Christ, with the Holy Ghost, art most high, + in the glory of God the Father. Amen.

Let us pray:

The Collect

Reading

Psalm

Gospel

The **Intercessions** follow; these will include petitions from the weekly cycle; and may include the Covid 19 prayer in the notes; at the end:

These and the prayers of my Christian community I lay before God in union with our Lady, Saint Matthew, Saint Philip, Saint Augustine and all the saints:

Our Father, Who art in Heaven, hallowed by Thy Name; Thy Kingdom come, Thy Will be done on earth as it is in Heaven. Give us this day our daily bread and forgive us our trespasses as we forgive those who trespass against us; and lead us not into temptation, but deliver us from evil. For Thine is the Kingdom, the power and the glory for ever and ever. Amen.

O Lamb of God, that takest away the sins of the world, have mercy upon us.

O Lamb of God, that takest away the sins of the world, have mercy upon us.

O Lamb of God, that takest away the sins of the world, grant us Thy peace.

In place of receiving Holy Communion, you should use the prayer over the page:

Soul of Christ, sanctify me; Body of Christ, save me; Blood of Christ, refresh me; Water from the side of Christ, wash me. Passion of Christ, strengthen me. O good Jesu, hear me. Within Thy wounds, hide me. Do not permit me to be separated from Thee; From the malicious enemy defend me, In the hour of my death call me And bid me come to Thee, That with Thy saints I may praise Thee; For ever and ever. Amen.

It is appropriate that a time of reflexion follows. If, like the Vicar, you have a mind that easily lured by the frivolous and ephemeral, you might use the following to help stay on task:

From glory to glory advancing, we praise Thee, O Lord; Thy Name with the Father and Spirit be ever adored. From strength unto strength we go forward on Sion's highway, To appear before God in the city of infinite day.

(continued over the page)

Thanksgiving and glory and worship and blessing and love, One heart and one song have the saints upon earth and above. O Lord, evermore to Thy servants Thy Presence be nigh; Ever fit us by service on earth for Thy service on high.

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O God, Whose beauty is beyond our imagining and Whose power we cannot comprehend: show us Your Glory as far as we can grasp it, and shield us from knowing more that we can bear until we may look upon You without fear; through Jesus Christ our Lord. Amen.

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WE praise thee, O God : we acknowledge thee to be the Lord. All the earth doth worship thee : the Father everlasting.

To the all Angels cry aloud : the heavens, and all the powers therein.

To thee Cherubin and Seraphin : continually do cry,

Holy, Holy, Holy : Lord God of Sabaoth;

Heaven and earth are full of the Majesty : of thy glory.

The glorious company of the Apostles : praise thee.

The goodly fellowship of the Prophets : praise thee.

The noble army of Martyrs : praise thee.

The holy Church throughout all the world : doth acknowledge thee;

The Father : of an infinite Majesty;

Thine honourable, true : and only Son;

Also the Holy Ghost : the Comforter.

Thou art the King of Glory : O Christ.

Thou art the everlasting Son : of the Father.

When thou tookest upon thee to deliver man : thou didst not abhor the Virgin's womb.

When thou hadst overcome the sharpness of death : thou didst open the kingdom of heaven to all believers.

Thou sittest at the right hand of God : in the glory of the Father.

We believe that thou shalt come : to be our Judge.

We therefore pray thee, help thy servants : whom thou hast redeemed with thy precious blood.

Make them to be numbered with thy Saints : in glory everlasting.

O Lord, save thy people : and bless thine heritage.

Govern them : and lift them up for ever.

Day by day : we magnify thee;

And we worship thy Name : ever world without end.

Vouchsafe, O Lord : to keep us this day without sin.

O Lord, have mercy upon us : have mercy upon us.

O Lord, let thy mercy lighten upon us : as our trust is in thee.

O Lord, in thee have I trusted : let me never be confounded.

+ The Grace of our Lord Jesus Christ and the love of God and the fellowship of the Holy Spirit be with us all, evermore. Amen.